



# North Dakota DENTAL ASSOCIATION

## Newsletter

Volume 5, Issue 3 • Fall 2015



*Dr. Chahal receives the gavel from Dr. Tronsgard*

### PRESIDENT'S MESSAGE

It is a privilege and an honor to serve as the president of the North Dakota Dental Association. Spending the past three years on the Board of Trustees gave me a better appreciation of the benefits of organized dentistry. It made me also appreciate the ever so important work that the officers of the association do. I would like therefore to thank all those who have served before me, beside me and those who will follow me.

I would like to recognize our past-president, Dr Paul Tronsguard, for his leadership and hard work. He has spent many tireless hours advocating for our patients and our profession. I would like to also recognize Dr Brent Holman, our executive director. He is very passionate about dentistry and a great advocate for our profession. He is very knowledgeable and a great asset to the association. A great thank you also goes out to the Board members, Speaker of the House, and the Assistant Executive Director.

We had a great annual session this year. It was a great opportunity to connect with old friends and make new ones. It is refreshing and encouraging to see so many young dentists attending scientific and social functions. Special thanks go out to our out-of-state guests who took time away from their busy offices and families to join us. We had a great exhibitor turn-out and our exhibit hall was sold-out. This helps generate non-dues revenue. Please remember to thank the exhibitors and support them the way they support your meeting.

At the annual session, your House of Delegates considered and passed several resolutions which I would like to summarize. First, given the Central Office and Board of Trustees' ability to evaluate future speakers, the Council on Scientific Programs was dissolved. Second, in order to encourage outreach programs and help reduce barriers to dental care in North Dakota, a resolution was passed in support of a dental hygienist Collaborative Practice Agreement that links high-risk patients to dental homes. Third, the association expenses are increasing. We are facing legislative challenges for which we have recruited the assistance of a lobbyist. Furthermore, it has become more expensive to run the annual meeting and central office. Your NDDA dues will therefore go up by \$150 effective the year 2016. This is the first true dues increase since 2008. Fourth, I am sure you are familiar with the list of "Top 10 Solutions" developed by your association to help reduce barriers to dental care. Those solutions are evidence-based key components to help care for the underserved in North Dakota and the HOD passed a resolution to support them. Fifth, a resolution to support the Mission of Mercy. The North Dakota Dental Association will partner with the Minnesota Dental Association in sponsoring a ND/MN Mission of Mercy event in the Fargo-Moorhead area on July 22-23, 2016, with the goal of providing an estimated 1 million dollars of donated dental care to 2,000 patients. More details will be forthcoming. I hope you and your staff will volunteer time and talent to support this noble cause.

The push continues from outside parties to introduce a new workforce model as the answer to barriers to dental care. We feel that the solution is multi-faceted. We continue to lead the conversation with our "Top 10 Solutions". You may have heard about CODA's (Commission on Dental Accreditation) authorization to establish an accreditation process for dental therapy education programs. The commission voted to implement those standards not as an

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### OUR VISION

*"We will be the voice that protects the interests of dentistry to uphold the highest standards of our profession."*

### MISSION STATEMENT

The North Dakota Dental Association is the leading advocate of oral health promoting education and service to its member and the public.





**Partnering together to improve oral health**  
**Join Our Networks and Experience the Delta Dental Difference!**



**Over 250 dentists in North Dakota are currently participating in our networks**



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**Dedicated to improving the oral health of youth in North Dakota through the North Dakota Department of Human Services' Healthy Steps Program.**

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**[www.DeltaDentalMN.org](http://www.DeltaDentalMN.org)**

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endorsement but to clarify inconsistencies. Our message continues to be the same: we want evidence-based, North Dakota tailored, solutions that make a meaningful difference now and not cookie-cutter experiments.

We have reported in the past that, while our Medicaid utilization has improved, we continue to lag behind other states. We have asked you to make a pledge to take more Medicaid patients through our "Take 5 More" Initiative. I am pleased to report that many of you have answered the call. I challenge the rest of you to do the same. We have also convened a Medicaid Advisory Committee that is made up of dentists from across the state. That group will meet quarterly with the Department of Human Services to establish a dialogue with the Department of Human Services to improve administration.

I look forward to a fantastic year and hope to see you at the Midwinter meeting in January in Bismarck.

Respectfully Submitted,

*Omar Chahal, DDS*

Omar Chahal, DDS  
NDDA President

### **FROM THE EXECUTIVE DIRECTOR'S DESK**



As we swing into the winter season, your NDDA continues to lead the discussion about improving oral health in North Dakota and to be your voice in those discussions. Your organization is strong and as the number of new dentists increases in the state, our membership remains vibrant. Our annual session in Fargo was well attended and it is exciting that our biggest age demographic is now the "under 35" group! Please engage with your association, your community, and your legislator; you can make a difference!

As you have probably noticed, there has been an increase in the number of survey requests from the NDDA Central Office for a variety of issues. There was recently a survey sent that asks if you have any interest in volunteering or contracting with a variety of non-profit opportunities in the state. These opportunities include community non-profit clinics, Indian Health Service clinics, and missions. There are many dentists who have provided services in these venues for many years; it's our goal to not only document these efforts but make it easier to engage in these activities going forward. Please respond to the survey; the opportunity to give of your professional talents is a gift...take it!

As you probably know, you will see a dues increase when you get your dues statement in December. The NDDA has maximized non-dues revenue and cut costs in the last several years but the time has come to look at our dues structure to maintain our effectiveness. The House of Delegates approved this increase so that we can maintain our ability to adequately represent our patients and our profession, respond to rapidly-increasing meeting costs, and to offer the service that you expect. As you also may know, 95% of our members want us to oppose any attempts legislatively to allow non-dentists to provide irreversible dental services. This issue is still in play despite a resounding defeat in the last legislative session. The Legislature's interim Health Services Committee is still considering this issue at its quarterly meetings. The NDDA will continue to make its opposition a priority. That means you need to make it a priority as well by acting. Call your legislator now, introduce yourself, and take them to lunch or coffee to express your concerns. It makes a difference!

As always, if you have any questions, please contact Mary Bandle or me in the Central Office. Thanks!

Respectfully Submitted,

*Brent Holman, DDS*

Brent Holman DDS  
Executive Director

# ADA 10<sup>th</sup> District News



James K. Zenk, DDS  
10<sup>th</sup> District Trustee

This fall I had the opportunity to represent the American Dental Association at the FDI Annual World Dental Congress hosted by the FDI World Dental Federation and the Dental Association of Thailand in Bangkok, Thailand.

Bangkok became the capital of Thailand in 1782. Thai people rarely call their capital “Bangkok” but instead refer to it as “Krung Thep” (City of Angels). My first impressions were: several hundred skyscrapers as far as the eye could see, being stuck in heavy traffic congestion, intense heat and humidity, and a “city of smiles that never sleeps”. After getting comfortable with the renowned “Sky-train” system- traveling above the stand still traffic, we were able to explore magnificent temples and palaces, a busy river and canal system, and markets and shops wanting to sell you anything from cheap souvenirs to hand made silk suits. Thai people are warm, friendly and generous. I am blessed to have experienced a country so different and special.

Thailand is among a group of Asian countries likely to provide significant growth opportunities in the dental market due to the rising population and increasing per capita income of its large middle class population. Rising awareness levels about oral health have created a demand for dental services. A universal coverage program, implemented in 2002, gives Thai citizens better access to health services, including dental services.

This was the first time that Thailand hosted the annual meeting of the FDI. The meeting was a huge success attracting 12,000 dentists from Thailand and several hundred dentists from all over the world. The theme of this year’s Congress was “Dentistry in the 21st Century.”

### **The FDI World Dental Federation Annual World Congress comprises several elements.**

1. Scientific programs – speakers from around the world focused on the latest scientific topics affecting our profession globally.
2. A World Dental Exhibition showcasing the latest state-of –the art advanced dental technology, equipment and products. Where else but an international dental exhibition can you find and try out the newest technology available from all over the world? I really enjoyed watching the Thai dental students walking through the exhibit floor with their eyes wide open and jaws dropped.
3. The World Dental Parliament – this was the main reason we attended this international meeting. The Parliament was a five day gathering of over 300 dentists representing 130 countries to establish strategic direction and adopt policy statements that affect the world of dentistry with it vision of “Leading the world to optimal oral health.”

The World Dental Parliament was productive. We made a number of important decisions – the number one was electing the ADA’s very own Dr. Kathy Kell for FDI President Elect. Kathy has served the FDI for 17 years in many roles: as their treasurer, past counselor, committee member, task teams member and now their future President. This is the first time in three decades that an ADA member will serve as president-elect to the FDI. In addition, the FDI Council appointed Dr. Tomas Hart to the FDI Science Committee. Dr. Hart is the director of the ADA Foundation Volpe Research Center. The FDI Council also appointed ADA member Dr. Marshall Gallant to serve on the FDI Public Health Committee. Dr. Gallant is chief of dental services at the Orlando Veterans Administration Medical Center, one of the largest government-funded oral health care institutions in the U.S.

What else did we accomplish? As a delegation representing the ADA we had many issues to discuss. Through international collaboration with other national dental societies we were able to strengthen our profession and protect and serve the public. Some of the key issues discussed:

- Confirmation of the FDI Strategic Plan which focuses on membership, communication, leadership and strengthening relationships with WHO, UN, UNEP, UNICEF and other global agencies.
- Adopted the 2016 Budget with the help and direction of ADA President Maxine Feinberg serving on the Budget Reference Committee.
- Adopted nine new policy statements. Policy Statements are declarations laying out current FDI thinking on various issues related to oral health, oral health policies and the dental profession. Many FDI Policy Statements are the result of projects carried out by the FDI Science Committee and Dental Practice Committee. Others are developed in collaboration with entities such as the American Dental Association working with the World Health Organization and the International Dental Research Institute. The ADA needs to be at the table to provide our science, standards, education and evidence based dentistry facts.

- FDI – Unilever partnership continues in 2016 under the banner of “Brush Day and Night.”
- Introduction of the second edition of the FDI’s Oral Health Atlas –“The Challenge of Oral Disease – A Call for Global Action.” This is a book highlighting the extent of the worldwide problem of oral disease. The atlas aims to serve as an advocacy resource for all oral health care professionals and recommends strategies to address the global challenge of oral disease.
- Received reports from the five standing committees responsible for addressing issues of communication, member support, dental practice, education, science, world dental development and health promotion.
- Much discussion within our delegation of what we can accomplish over the next few years at FDI- possible political issues coming in the future for global oral health.
- Celebration and reflections of a successful World Oral Health Day on March 20, 2015 and plans for continued observance of WOHD 2016 Smiles for Life Campaign.

Apart from the formal FDI Congress Assemblies, several break-out classes and forums were offered with information and discussions concerning oral health prevention and education, the environment and public health issues. We had special assignments from Dr. Gregory Chadwick, the USA Chair, to attend, participate and report back to our delegation information from these forums. This year I attended my third world oral health forum. These forums offer a platform for the discussion of hot topics in the field of public oral health. This year’s forum concentrated on the recently published World Health Organization’s (WHO) guideline on the sugar intake for adults and children, which recommends a reduction in daily intake of free sugars to less than five percent of total energy intake. Reducing free sugar intake to less than ten percent of total daily energy intake was recommended by the WHO for the first time in 1989. According to the expert presenters from the WHO, the further reduction of free sugar to less than five percent or roughly 25 grams (six teaspoons) per day would provide additional health benefits including the reduction of dental caries. As dentists we experience the effects of sugary drinks on our patients. A single can of sugar-sweetened soda contains up to 40 grams (ten teaspoons) of free sugars – nearly twice as much as WHO recommends in total per day. The negative consequence of sugar affects our patient’s risk for dental caries and affects their general health with a link to obesity and diabetes.

As a delegation, the ADA was able to meet with other international delegates both formally and informally to discuss common problems and issues of emerging importance at luncheons and evening receptions. One interesting opportunity was a luncheon with the Japanese dental delegation. We were seated across from a Japanese delegate and shared common problems of oral health in our aging populations.

Another highlight was attending the opening session hosted by the Dental Association of Thailand. The keynote speaker was the Minister of Public Health. During the singing of the Thai Royal Anthem, we stood to pay homage to the King of Thailand. The King is very highly regarded, as evidenced by his picture displayed everywhere. A performance of traditional dance was a moving depiction of Thai history. The ceremony concluded with the naming of all 130 countries represented with each country standing and waving its flag upon being recognized.

After spending a week at the 2015 FDI meeting in Thailand, my third year as a delegate to the FDI Congress, I see a definite need to continue the ADA’s involvement in the FDI World Dental Federation. The FDI works as a facilitator and convener for dental organizations and dentists world-wide. It represents the voice of over one million dentists worldwide. We need this vehicle to bring developed and developing countries, governmental organizations, educational institutions, experts in dental research and representatives from dental manufacturing and industry together for one common goal of promoting excellent oral health throughout the world. There is no other option. The ADA needs to be present to help the FDI to become a stronger organization. I thank you for this opportunity and experience to promote oral health throughout the world and represent the American Dental Association.

*James K. Zenk DDS*

James K. Zenk DDS

ADA 10th District Trustee

3rd year delegate of the FDI Delegation

zenkj@ada.org



**ADA 10th District News – Announcement!**

10th District Trustee Elected – Dr. Ken McDougall – 2016

I am thrilled to have the chance to serve the Tenth District and I want to thank everyone that helped me with my campaign. Being the trustee has been on my radar screen for several years and the realization of the dream feels great. The last trustee from North Dakota was Jack Pfister and interestingly enough he was my childhood dentist. Starting next October it will be my goal to serve every member in our district and make the NDDA proud that we finally have another trustee.

*Dr. Ken McDougall*



**ND** North Dakota  
DENTAL ASSOCIATION  
**Board of Trustees**  
**MINUTES**

**7:55 a.m., Thursday,  
September 17, 2015  
Ramda Plaza & Suites, Fargo ND**

Attending: Drs Paul Tronsgard, Murray Greer, Omar Chahal, Caron Berg, Brad Anderson, Katie Stewart, Tony Fisher, Dave Olson, Grant Korsmo, Marcus Tanabe, Dr. Brent Holman, and Ms. Mary Bandle.

10th District Attendees: Drs Eric Hodges, Thomas Ludwig, Brett Thomsen, Grant Titze, Edward Lynch and David Andersen.

President Dr. Tronsgard called the meeting to order at 7:10 a.m.

June 2015 meeting minutes were approved.

Dr. Tronsgard discussed the "Take 5 More" initiative in North Dakota.

Dr. Holman talked about the Oral Health Coalition Meeting and the Tobacco Free ND and that the Central Office will assist on supporting the initiative and get communications out to our members.

The resolutions and budget that will be presented to the HOD were reviewed and discussed. A substitution resolution was presented to the group for the Collaborative Practice resolution and will be submitted to the HOD as Resolution 2a. Motion made and carried.

Dr. Ron Seeley and Dr. Olson discussed their meeting with Williston State College regarding establishing a two year program for dental assistants and hygienists in the Western part of the state. Williston State College will send out a survey to assess the need in the western part of the state and eastern Montana. A letter of support will be sent to the Chancellor of the college from the NDDA.

Legislative and Interim Committee updates were provided by Dr. Holman.

Ms. Kim Yineman and Mr. Jamie Blumhagen

with the State Health Department were present to provide an update on the Sealant Program in the state. Dr. Jackie Nord called in to provide additional information on the Sealant Program and how it's been working for her and her hygienist.

Washington Leadership Conference attendees will be reduced from 5 to 3 positions to reduce some of the travel budget. It will be the President, President-Elect and Executive Director. Motion was made and carried.

A motion was made and carried to affirm RaeAnn Kelsch's contract for this year and that she will attend the Lobbyist Conference in December with travel expenses covered by the NDDA.

Dr. Holman provided a PAC update and reminded everyone of the PAC meeting on Friday.

Dr. Holman visited with the group on the Donated Dental Services Program. A Leadership Group for the DDS Program will be established.

Dr. Holman provided an update on the KAT Communications credentialing program and our continued relationship with KAT.

Dr. Holman talked about the 2016 MOM project and our role in the event.

Ms. Bandle provided an updated on the 2015 annual session and membership.

Meeting Adjourned at 10:40 p.m.

Respectfully Submitted,

*Brent Holman, DDS*

Brent Holman DDS  
Executive Director



**11:00 a.m., Saturday,  
September 19, 2015  
Ramda Plaza & Suites, Fargo ND**

Attending: Drs Omar Chahal, Paul Tronsgard, David Olson, Caron Berg, Katie Stewart, Tony Fisher, Grant Korsmo, Dr. Brent Holman, and Ms. Mary Bandle.

10th District Attendees: Dr. Edward Lynch.

President Dr. Chahal called the meeting to order at 11:05 a.m.

September 17, 2015 meeting minutes were approved.

House of Delegates resolutions were reviewed.

Dr. Holman reviewed goals and objectives for the year.

Dr. Tronsgard talked about the Medicaid Advisory Committee and the first meeting of the group.

Appointments to Councils and Committees were reviewed.

The annual session exhibitor policy was discussed.

Meeting with auxiliaries was discussed.

The venue for 2016 was looked at and the

increased costs in Bismarck. The Board requested the Central Office to look at the 4 city rotation again for the annual session. Ms. Bandle will contact venues in Minot and Grand Forks for 2016. Motion made and carried.

Future speakers were reviewed.

The Mid-Winter meeting was reviewed. Thursday night will have the Ethics and Jurisprudence and also have Jaci Seefeldt present on the State Sealant Program. A welcoming social will be added after the seminar on Thursday night. District President's will be invited to the board meeting. Costs will all be expensed with 1/2 covered by the districts.

Next board meeting will be January 14, 2016 during the Mid-Winter meeting.

Meeting Adjourned at 1:10 p.m.

Respectfully Submitted,

*Brent Holman, DDS*

Brent Holman DDS  
Executive Director

**2015-2016 OFFICERS/TRUSTEES**

Dr. Omar Chahal  
*President*

Dr. Grant Korsmo  
*Trustee*

Dr. Katie Stewart  
*President Elect*

Dr. Tony Fisher  
*Trustee*

Dr. Caron Berg  
*Vice President*

Dr. Paul Tronsgard  
*Past President*

Dr. David Olson  
*Secretary*

Brent L. Holman, DDS  
*Executive Director*

Dr. Lonnie Neuberger  
*Treasurer*

Mary J. Bandle  
*Assistant Director*



## DONATED DENTAL SERVICES PROGRAM YOU CAN CHANGE THE LIFE OF SOMEONE LIKE SUSAN



Through the North Dakota Donated Dental Services (DDS) program, Dental Lifeline Network • North Dakota offers comprehensive dental treatment to people with disabilities or who are age 65 or older, or medically fragile and cannot afford care. Medically fragile patients need dental care to qualify for lifesaving or life-sustaining treatments, such as chemotherapy, joint replacement, cardiac surgery and organ transplants.

Susan, age 58 and living in Dodge, was a former railroad management employee and a bus driver before she was forced to retire for medical reasons. In constant pain from fibromyalgia, Susan gets relief through regularly scheduled injections. She also has chronic obstructive pulmonary disorder and uses oxygen as needed.

Adding to Susan’s problems, she was edentulous. With her income limited to a small railroad retirement disability payment, Susan’s monthly expenses left nothing to pay for the dentures she badly needed.

Dr. Alison Just, a general dentist and one of 135 volunteer dentists in Dental Lifeline Network’s North Dakota DDS program, came to Susan’s rescue. She fitted Susan with full upper and lower dentures fabricated by Bismarck Mandan Dental Lab, one of 12 dental labs in the state that volunteer for DDS. Several months later, Susan returned to Dr. Just to have her dentures relined.

“I can eat things that I couldn’t eat before – salad, apples, steak and even peanuts. It’s easier to digest my food. It made a great big difference. Dr. Just is wonderful, patient and understanding. I know people who can’t talk without teeth. I wish more dentists would volunteer.” – Susan

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## VOLUNTEER NOW!

Join North Dakota's DDS volunteers to help vulnerable people who have no access to dental care. More than 50 people are on wait lists and more volunteers are needed statewide, especially in Cass and Grand Fork counties. You can treat one patient per year or as many as you choose.

Your DDS coordinator ensures that patients arrive on time for appointments, arranges for assistance from specialists and laboratories, and serves as the liaison between your staff and the patient to facilitate everything.

Volunteering is easy. Your staff will love the experience!

- Patients are prescreened.
- You review the patient profile in advance and choose to see or decline any patient.
- You determine your own treatment plan.
- You see patients in your office on your schedule.
- You never pay lab costs.
- You and your staff have no extra paperwork.

Volunteers say they never expected how much their staff appreciates the DDS experience. Staff members celebrate the success of patients and value the teamwork they provide with their dentists.

To volunteer, contact North Dakota Coordinator Adam Arellano at 850.577.1466 or [aarellano@DentalLifeline.org](mailto:aarellano@DentalLifeline.org), or go to <http://dentallifeline.org/north-dakota/> for more information.



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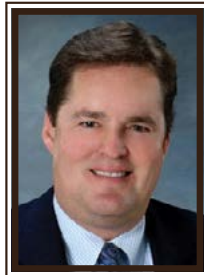
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D.M.D., M.D.



Omar C. Chahal  
D.D.S., M.D.



Andrew A. Afshar  
D.D.S., M.D.



Joseph R. Deatherage  
D.M.D., M.D.



Jeremiah J. Glosenger  
D.D.S., M.S.



Jonathan R. Gray  
D.D.S.

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## TOBACCO FREE NORTH DAKOTA SEEKS ASSISTANCE OF NDDA MEMBERS IN AAR IMPLEMENTATION

Tobacco Free North Dakota (TFND) recently presented information to and sought the assistance of the NDDA in statewide efforts to improve tobacco prevention and cessation in dental settings. Following a July 2014 to June 2015 report from the ND Department of Health, dentists were the source of less than 1% - just 0.75% - of referrals to the ND Quits program. Comparing that to the 38.41% of referrals that came from doctors, nurses, or other healthcare providers, NDDA leadership agreed that there was room for improvement within dental communities across North Dakota.

How can improvements be made? Through the adoption, implementation, and documentation of "AAR", a best practice, into your practice - ASK about tobacco use at every visit, ADVISE your patient to quit, and REFER your patient to ND Quits.

It's simple, efficient, and effective. It's simple thanks to EHRs/EMRs that incorporate tobacco use as a vital sign. AAR is efficient, taking only about 90-seconds, can be done by an assistant or hygienist, and rather than keeping additional paperwork in your office, an online referral form always

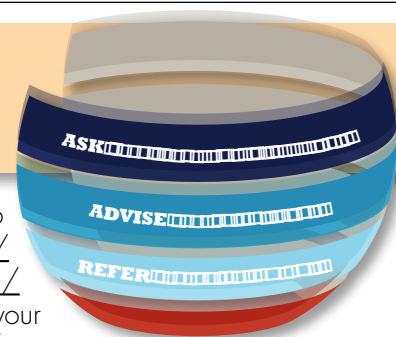
stays up-to-date and easy to print when needed (<http://www.nd.gov/eforms/Doc/sfn59499.pdf>). And your implementation of AAR is effective.

ND Quits numbers show that patients heed the advice of healthcare professionals to make a quit attempt at twice the rate of, say, mass media.

Dentists have the power and the opportunity to have significant impacts on the health of their patients. Patients expect you – their dentist – to talk to them about and care for their dental health. Discussing their tobacco use is no exception. TFND is here to encourage and support any dental providers who are willing to partner in making these improvements, and resources are available through grant and training opportunities to your district organization or individual practice. Please contact us for assistance at [info@tnfd.org](mailto:info@tnfd.org) or by calling 701-223-5613.

*Erin Hill-Oban*

TFND Executive Director



 **NATIONALLY**  
**known** *close to...*  
**HOME**

**SAINT PAUL RIVERCENTRE**  
**APRIL 28-30**  
**133RD ANNUAL SCIENTIFIC SESSION**

The Star of the North Meeting offers dentists and their team members the best clinicians and dental-related companies in the industry, providing the latest in cutting edge techniques and information. And now, the Wisconsin Dental Association has negotiated a special rate for WDA members to attend the Star of the North Meeting. Registration is only \$50 and includes a private reception on Friday evening just for Wisconsin attendees! That is a savings of \$75! Take advantage of this nationally recognized meeting that is right in your own backyard!

 **NATIONALLY KNOWN, CLOSE TO HOME...**

- Network with over 8,500 dental professionals from across the Midwest. Take advantage of the opportunity to learn "outside the classroom" by sharing ideas and experiences with your peers.
- Need some CE hours? Choose from over 75 continuing education sessions presented by 35 nationally recognized speakers. This includes 15 workshops that give you valuable one-on-one time with clinicians and the opportunity to experience hands-on learning.
- Talk face-to-face with over 250 exhibitors and experience first-hand the latest advances in dental equipment and products for your practice. For your convenience, the exhibit hall is open all 3 days and features a "dentist only" Exhibit Hall Premiere Night on Thursday evening.
- Don't forget to Have Fun! Sign up for a cooking class. Attend a class reunion to reconnect with old friends. Dance the night away at The BIG Party! (featuring local favorite, Hairball) Or simply book a group dinner at one of our great downtown restaurants!

*two-thousand*  
**16**

**For additional information or to view a full list of course offerings, visit our website at [starofthenorthmeeting.org](http://starofthenorthmeeting.org) and click on the "Attendee" tab.**

**To request a copy of our Preliminary Program, visit [starofthenorthmeeting.org](http://starofthenorthmeeting.org) and click the "Contact Us" tab.**

**Registration Opens January 4, 2016**

# 2016 MID-WINTER MEETING

The North Dakota Dental Association cordially invites you to join friends and colleagues at the 2016 Midwinter Session at the Ramada Hotel, 1400 E Interchange Avenue, Bismarck. – January 14th – 15th, Bismarck, ND.

## Dianne Testa RDA, RDH, BS

Dianne Testa is a Registered Dental Assistant, Registered Dental Hygienist and received her BS in Dental Hygiene from the University of Minnesota.

Dianne's background includes: clinical practice, director of a dental hygiene program, a clinical instructor, educator, a public speaker, and a consultant.

She currently speaks throughout the country on many topics from OSHA and infection control, radiation safety, local anesthesia, Ethics and Jurisprudence and radiographic techniques. Dianne's lectures and customized trainings range in the areas of ultrasonic scaling and periodontal debridement, the use and placement of periodontal adjuncts, How to get your patients to health, treatment planning and case presentation and many more. Dianne works for GC America as their District Sales manager for Minnesota and North Dakota.

Dianne has been published in the Illinois Dental News on her work in Infection Control, RDH magazine, Dental IQ, and Practical Dental Hygiene on her work with enzyme suppressing drugs used in periodontal therapy.

Dianne has received awards for Minnesota's Outstanding Hygienist 2000, and the faculty Innovation Award 2001. She is listed in Who's Who Among American's Teachers.

Her 30+ years in dentistry shows in the excitement she brings to each and every one of her lectures and training seminars. Each and every participant leaves with valuable knowledge and the understanding of her love for dental hygiene. Her enthusiasm is contagious and keeps the audience interested and entertained.



Ethics & Jurisprudence  
Dianne Testa, RDA,  
RDH, BS

January 14th, 2016  
(Thursday evening) (2  
credit hours)

**Sponsored By**  
**GC America**

## Dr. Robert Margeas, DDS

Dr. Margeas graduated from the University of Iowa College of Dentistry in 1986 and completed his AEGD residency the following year. He is currently and adjunct professor in the department of Operative Dentistry at the University of Iowa. He is Board Certified by the American Board of Operative Dentistry. He is a Diplomate of the American Board of Aesthetic Dentistry, a Fellow of the Academy of General Dentistry and international Team of Oral Implantologists (ITI). He has written numerous articles on esthetic and implant dentistry, and lectures and presents hands-on courses nationally and internationally on those subjects. He serves on the Editorial Advisory board on Inside Dentistry, Compendium, and is a contributing editor to Dentistry Today and Oral Health in Canada. His memberships include OKU Honor Dental Society, American Academy of Esthetic Dentistry, and the American Academy of Restorative Dentistry. Dr. Margeas maintains a full-time private practice focusing on comprehensive restorative and implant dentistry in Des Moines, Iowa.



"Everyday Dentistry –  
More than Everyday  
Esthetic Results"  
Robert C.  
Margeas, DDS

January 15th, 2016  
(Friday)  
(6 Hours CE)



# 2016 MID-WINTER MEETING — Schedule of Events

## Thursday Evening, January 14, 2016

*North Dakota Sealant Program – Hear how your practice can grow while helping your community and schools. (No CE)*  
*Discussion on the background of the program, how the state operates and how we would like it to expand. Dr. Nord will explain how the program operates while being able to bill.*

Jaci Seefeldt, North Dakota Prevention Coordinator  
 Jamie Blunhagen, Public Health Hygienist  
 Jackie Nord, D.D.S., Smart Smiles

6:15 p.m. to 6:45 p.m. ....Ramada Bismarck Hotel, North Dakota – Judicial Room

## Thursday Evening, January 14, 2016

*Ethics and Jurisprudence – (2 CE)*

Dianne Testa

6:30 p.m. .... Registration

7:00 p.m. to 9:00 p.m. ....Ramada Bismarck Hotel, North Dakota – Heritage Ballroom

## Thursday Evening, January 14, 2016

*Let the warmth of friendship take the chill from the air, and the spirit of the season make winter easier to bear. Please join us for a cocktail social starting at 8:30 p.m. to 10:00 p.m. All attendees are welcome. Drinks and appetizers will be provided. – Judicial Room*

Sponsored by Choice Financial

8:30 p.m. to 10:00 p.m. .... Judicial Room



## Friday, January 15, 2016

*“Everyday Dentistry – More than Everyday Esthetic Results” –(6 CE)*

Robert C. Margeas DDS

*This LECTURE is designed for today’s esthetically minded, real world dentist and staff. Dr. Margeas will review dozens of direct and indirect clinical cases, step-by-step that are done in real time on an everyday basis. These include: porcelain veneers from preparation, provisionalization, and cementation. Direct composite resin veneers, class IV restorations, diastema closure, peg laterals, and porcelain repair. Learn how to create perfect ovate pontic sites following extraction. Simplified implant techniques and coordinating treatment with your surgeon for immediate extraction, placement, and provisionalization using the patient’s natural tooth. The techniques learned can be incorporated into your practice immediately for increased profitability.*

1. Learning Objectives:
2. You will learn how to properly layer and finish composite resins that mimic nature.
3. Provisionalize immediately following implant placement.
4. Learn how to provisionalize if the implant is not stable with a fixed appliance.
5. Porcelain veneers - from preparation to cementation.
6. Learn how to diagnose and treat the worn dentition.
7. Know when to bond restorations vs. cementation.

8:00 a.m. .... Registration

9:00 a.m. – 4:30 p.m. ....Ramada Bismarck Hotel, North Dakota – Heritage Ballroom

12:00 p.m. – 1:00 p.m. ....Lunch – Judicial Room

## Friday, January 15, 2016

BOT Meeting

Time: 12:30 p.m..... Ramada Bismarck Hotel, North Dakota – Executive 106

**NOTE:**  
 Speaker handouts – if any – will be available on-line only. Please print and bring along.

Continuing Education Certificates will also be available on-line only. They will be posted following the meeting. Please download as necessary for your reporting requirements.  
 Please see our website for these items: [nddental.com](http://nddental.com)

**For Hotel Reservations:**  
 (Cut-off date for NDDA room block is December 24, 2015)  
 Ramada Bismarck Hotel.....701-258-7000  
 Room block reserved under: ND Dental Association

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# MEMORABLE TIMES AT 2015 ANNUAL SESSION



*New Dentist of the Year  
Dr. Brad Anderson*

*10th District Trustee-Elect  
Dr. Ken McDougall &  
Rosmary McDougall*



*Past-President  
Dr. Paul Tronsgard*

*Rep. Kathy Hawken,  
President's Award  
Dr. Brad Bekkedahl,  
Outstanding Achievement  
Award  
Dr. Brent Holman,  
Executive Director*



*President  
Dr. Omar Chahal*

*NDDA  
Past Presidents*



*Guest of Honor  
Dr. Lana Schlecht*

*Back Row: Drs. D. Sommers, L. Hoffman, P. Iverson, S Erlandson, P Abrahamson,  
M. Nelson, L. Neuberger, B. Holman, M. Greer, G. Johnson*

*Front Row: Drs. L. Gjerstad, J. Claygurgh, P. Tronsgard K. McDougall*

# New ADA Member Benefit!

## Helping Members Refinance Their Dental School Loans



### ADA announces exclusive student loan refinancing offer with DRB, a leader in debt consolidation

The ADA exclusively endorses DRB's student loan consolidation/refinancing program providing unmatched opportunities for ADA members to refinance existing federal and private undergraduate and graduate school loans at a 0.25% lower rate than DRB's already low rates.

#### Highlights of the student loan consolidation/refinance program include:

- Qualifying ADA members receive a 0.25% rate reduction to DRB's already low rates for the life of the loan as long as they remain ADA members
- Rates for ADA members start at 1.65% variable and 3.25% fixed\*
- Dedicated customer service representatives
- Free online application with no obligation to accept
- No application, origination or prepayment fees
- No maximum loan size (minimum loan size of \$5,000)
- Federal and private student loans from undergraduate and graduate school are eligible
- Forgiven in death and documented permanent disability

\*View rates, terms and conditions and disclosures at [student.drbank.com/ADA](http://student.drbank.com/ADA)

Visit [student.drbank.com/ADA](http://student.drbank.com/ADA) to view rates and apply.

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## THE NORTH DAKOTA DENTAL ASSOCIATION WELCOMES OUR NEW MEMBERS

Whether you are transferring from another State Association or just starting out, we wish you the best of luck and much success with your practice.

- Dr. Whitney Bruins, Turtle Lake
- Dr. Monty Bulzomi, Watford City
- Dr. Preston Gomez, Fargo, ND
- Dr. Jordan Lunak, Grand Forks
- Dr. Ryan Nygard, Fargo
- Dr. Mark Runyan, Fargo
- Dr. Ryan Smart, West Fargo
- Dr. Kelli Swenson, Grand Forks
- Dr. Devin Walker, Fargo
- Dr. Amber Wentz, Sawyer



# Make a smart move with student loans.

Refinance all of your student loans into the DEAL One Loan.\*

Visit [bnd.nd.gov](http://bnd.nd.gov) to learn more and to apply.

\*Qualified borrowers may lower monthly payments or repay the loan more quickly by keeping the same monthly payment.

**BND**  
Bank of North Dakota

## MAKE A SMART MOVE WITH STUDENT LOANS BY REFINANCING WITH BND

*Eighteen months ago, Bank of North Dakota (BND) unveiled its new student loan refinancing option: the DEAL One Loan. Since then, nearly 6,500 North Dakotans have taken advantage of lower interest rates by consolidating their federal, DEAL and private student loans into the DEAL One Loan.*

*The DEAL One Loan allows North Dakota residents to consolidate all of their student loans, including federal student loans, into a single convenient payment. Fixed and variable interest rates are available, and there are no fees to consolidate. Through December 31, 2015, the variable interest rate is 1.84% APR\* and the fixed rate is 5.06% APR. \* If the borrower selects to have their payment automatically withdrawn, the interest rate decreases another 0.25%.*

*It is an exceptional student loan refinance program that has been well received by residents of North Dakota. Some are choosing to repay their student loans more quickly, while others are freeing up spending money by lowering their monthly payments.*

*The savings can be significant. The average student loan debt is approximately \$30,000. Assuming a current fixed interest rate of 7.25% APR\* with a \$30,000 loan, the table below demonstrates the savings when a borrower refinances based on the current DEAL One interest rates using a 10-year repayment term.*

	Current fixed rate loan 7.25% APR*	DEAL One fixed rate 5.06% APR*	DEAL One variable rate 1.84% APR*
Monthly payment	\$352.20	\$319.08	\$273.90
Total interest paid	\$12,264.00	\$8,289.60	\$2,868.00
Total amount repaid	\$42,264.00	\$38,289.60	\$32,868.00

The variable interest rate includes a special guarantee: the rate will not increase by more than 1% per year and is capped at 10%.

It is important to carefully review the advantages and disadvantages of including federal student loans in the DEAL One Loan. Federal student loan benefits are lost when they are included. Student loan staff members are available to answer questions and help borrowers determine if loan consolidation is a good option for them.

To learn more or apply, visit [bnd.nd.gov](http://bnd.nd.gov).

\*APR: Annual Percentage Rate. The variable interest rate may increase or decrease over the life of the loan so the monthly payment, total interest paid and the total amount repaid may change. These rates are available through December 31, 2015.

## LONG-TERM CARE INITIATIVE

The North Dakota Department of Health, Oral Health Program, with funding from the DentaQuest Foundation, will continue to expand oral health services into the long-term Care facilities. Currently, Bridging the Dental Gap is providing oral health services in six long-term care facilities in the Bismarck/Mandan area and Northland Community Health Center is providing oral health services in three long-term care facilities and expanding to another site. Funded partners through this initiative include Northland Community Health Center- Rolette, Center for Rural Health at the University of North Dakota and the Center for Social Research at North Dakota State University.

The Oral Health Program will also be conducting an Older Adult Oral Health Basic Screening Survey in 15 randomly selected long-term care facilities. These efforts will complement each other in identifying need and improving access to care.

*Jaclyn Seefeldt, RDH, BS*

North Dakota Department of Health  
Oral Health Prevention Coordinator

*Thank you*

for the scholarship to attend the New Dentist Conference in Washington, D.C. that was held November 5th-8th, 2015. I was able to attend a Ridge Preservation workshop, Digital Dental Photography course, Secrets to Success in Dental Occlusion and our entire staff attended an Oral Implantology Course. My favorite course was the Ridge Preservation workshop in which the instructor demonstrated when and how grafting sockets can be easy and predictable as well as the sutured suturing. We were able to demonstrate after the presentation on a pig mandible and have one on one critiquing.

The welcome reception had a theme of "Night at the Museum" and took place at the renowned Smithsonian museums; the National Museum of Natural History and National Museum of American History. Both Museums were closed to the public and we were able to socialize with others.

The highlight of the conference was not only being able to attend national courses that aren't always available in rural ND, but for our team to come together and have some fun while learning and exploring what the nation's capital has to offer.

Once again I thank you for the scholarship and hope you continue to offer such scholarships in the future to other North Dakota dentists. Since attending the conference I hope to make a regular appearance at larger conferences to gain the exposure and knowledge of such courses offered.

Respectfully submitted,  
*Terra Lasein, D.D.S*  
Bridge City Dentistry



UNIVERSITY OF MANITOBA | Faculty of Health Sciences

MASTERCLASS SERIES

## MINI RESIDENCY: Digital Denture Fabrication



Removable prosthodontics still play an important role in the replacement of teeth. This three-weekend course for dentists provides the education and training necessary to simplify denture fabrication by utilizing CAD CAM technology to design and deliver esthetically pleasing and well-functioning dentures in **only two appointments**.

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**Dr. Igor Pesun**  
DMD, MS, FACP, FRCD(C), FICD(C)  
Associate Professor  
Division Head, Prosthodontics  
Dept. of Restorative Dentistry  
College of Dentistry  
Faculty of Health Sciences  
University of Manitoba



University of Manitoba | Bannatyne Campus | Winnipeg, Manitoba

Friday, January 8, 2016 | Saturday, January 9, 2016 | Saturday, January 23, 2016 | Saturday, February 6, 2016

For more information and to register, visit:

[umanitoba.ca/cpd/digital\\_dentures.html](http://umanitoba.ca/cpd/digital_dentures.html)

College of Dentistry



As we reflect on **5 YEARS OF PRACTICE** in Bismarck, ND, we want to express our gratitude for your enduring trust and continued support. Quality and comfortable patient care has been, and always will be, our number one priority, and it's our commitment to work hard every day to continue earning your faith in us. We look forward to many more years of serving our dental community. From all of us at Turman Endodontics, we thank you.



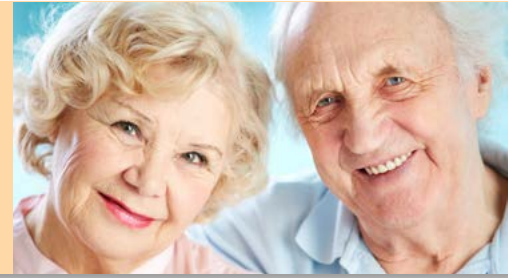
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## NORTH DAKOTA DEPARTMENT OF HEALTH CONTINUES WORK WITH FUNDING FROM DENTAQUEST FOUNDATION



The North Dakota Department of Health, Oral Health Program, (NDDoH) continues its work to address oral health disparities in the United States with funding from the DentaQuest Foundation. The latest phase of the DentaQuest program has been dubbed Oral Health 2020 and will address access to oral health care for the older adult population.

The Oral Health 2020 Initiative aims to eliminate access barriers to oral health care by fostering strong community partnerships committed to collective impact. The North Dakota Department of Health has been working with DentaQuest for several years to develop an oral health action plan that will increase delivery of oral health care to populations that have difficulty finding access to care, either due to financial limitations or geographical limitations.

“We know that many older adult North Dakotans do not have adequate access to oral health care, especially those living in long-term care facilities,” said Kimberlie Yineman, Director of North Dakota’s Oral Health Program. “By assessing those in need of care, we will be able to make a plan for expansion of our older adult care program in the state.”

North Dakota’s goals for this phase of Oral Health 2020 include:

- Assessing the impact of earlier phases of the DentaQuest program (titled Oral Health 2014) on North Dakota’s older adults
- Working with North Dakota dentists to find out their capacity or interest in providing care to the older adult population in long-term care facilities
- Visiting with 50 North Dakota long-term care facilities to find out about their current interest and need for oral health care for their residents
- Assessing national organizations to find out how they are currently involved in aiding the older adult population
- Expanding the older adult care program in long-term care facilities in North Dakota

In order to accomplish these goals, the NDDoH will work together with local and national partners. Some of the planned changes include:

- Improving the coordination of federal and state Medicaid reimbursement policies to support the delivery of oral health care services to older adults
- Bringing together dental leaders and other stakeholders who work with older adults to create a workgroup that will advocate for improving older adult oral health care
- Promoting the development of social media aimed at older adults focusing on oral health care
- Working with national coalitions to advocate for policy change such as private and public insurance coverage that extends beyond retirement and across the lifespan

“With the help of the DentaQuest grant, North Dakota will be able to help our older adult population receive the quality oral health care they need and deserve,” said Yineman. “We are very happy to be continuing with the Oral Health 2020 project.”

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# HOD Report from NORTH DAKOTA

## National Delegation:

ADA President: Maxine Feinberg, NJ  
 ADA President Elect: Carol Gomez Summerhays, CA  
 ADA Speaker of the House: Glenn Hall, TX  
 ADA Treasurer: Ron Lemmo, OH  
 ADA First Vice President: Jonathon Shenkin, ME  
 ADA Second Vice President: Thomas W. Gamba, PA  
 ADA Executive Director: Kathleen O'Laughlin, MA  
 10<sup>th</sup> District Trustee: Jim Zenk, MN  
 10<sup>th</sup> District ADPAC Rep: Eric Hodges, NE

## North Dakota Delegation:

Delegate: Steven Erlandson, Grand Forks  
 Delegate: Ken McDougall, Jamestown  
 Alternate Delegate: Omar Chahol, Grand Forks  
 Alternate Delegate: Katie Stewart, Bismarck  
 Executive Director: Brent Holman, Fargo  
 Assistant Executive Director: Mary Bandle, Bismarck

10<sup>th</sup> District News: I am happy to inform you that our next District Trustee will be our own, Ken McDougall. He will assume his duties next year at the end of the ADA HOD.

### **Executive Director's message:**

Threat to the ADA; Membership declining. There are too many barriers to membership. We must be inclusive, and we must have innovation. Change will be the new normal. However, even with change, we still must maintain our values. This must be done in order to stay relevant for future generations.

### **Treasurer's message:**

2014: Surplus 1.7 million  
 2014 Operating reserves: 59%

Concerning trends: How to finance the ADA with the retirement of the baby boomer dentists. Membership revenues are declining.

Unfavorable trends: Falling membership. Half of the young dentists do not renew when they are to start paying full membership dues. Our market share is 64.5%. Due to this trend, dues revenue is declining. Non-dues revenue is also declining except for testing revenue.

Even with these trends, the ADA is financially strong. However, we must recruit more young dentists or otherwise, we'll have to cut ADA programs.

**Resolution 77RC:** Proposed Amendments to the Sedation and Anesthesia Guidelines. This resolution did pass. If you do sedation, I suggest that you do some research to find out what these entail. Remember these are just guidelines, our state statutes still are the legal standards for sedation and anesthesia.

**Resolution 96RC:** Development of ADA Policy on Dentistry's Role in Sleep Related Breathing Disorders. This resolution passed. The ADA will develop a policy and report back to the 2016 HOD.

**Resolution 7:** Approval of the 2016 budget. The budget passed with a small deficit.

**Resolution 8:** Establishment of the Dues. There will be no dues increase. Our dues will be \$522 for active members.

Submitted by,

*Steven M. Erlandson, Delegate*

Nov. 22, 2015



**NORTH DAKOTA  
DENTAL ASSOCIATION**

P. O. BOX 1332  
 BISMARCK, ND 58502-1332

PUBLISHED BY  
 The North Dakota  
 Dental Association  
 P. O. Box 1332  
 Bismarck, ND 58502-1332  
 (701) 223-8870  
 1-800-795-8870  
 FAX (701) 223-0855

**Email:**  
 ndda@midconetwork.com  
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