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*Jeanette MacLean, DDS*

# Hall Technique & ART GIC Strip Crowns

JEANETTE MACLEAN, DDS

 @drmaclean



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*Jeanette MacLean, DDS*

Jeanette MacLean, DDS

Diplomate, American Board of Pediatric Dentistry  
Fellow, American Academy of Pediatric Dentistry  
Fellow, American College of Dentists  
Fellow, Pierre Fauchard Academy  
Fellow International College of Dentists  
Owner, Affiliated Children's Dental Specialists

  
AMERICAN BOARD OF  
PEDIATRIC DENTISTRY

  
Affiliated Children's  
Dental Specialists  
dentistry for babies, children, teens and special needs

BS Chemistry, Northern Arizona University 1999  
DDS University of Southern California 2003  
Pediatric Dentist, University of Nevada School of Medicine/Sunrise Children's Hospital 2005

Disclosures: Neither myself nor my family members have any owner interest or stock in any of the products mentioned in this presentation, nor do I receive sales commission  
I have received speaking honoraria in the past from: Elevate Oral Care, Oral Science, G.C. America, DMG America, NuSmile, DryShield, vVardis, Young Innovations, Garrison, DeNovo, Nowak, and P&G/Crest Oral B

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*Jeanette MacLean, DDS*

**dental town** **The New York Times**

**OFFICE VISIT**  
**Dr. Jeanette MacLean**  
Tour the pediatric practice of Dentaltown's newest  
national board member

**THE FULL-ARCH IMPLANT**  
Dr. Anne Gary discusses a fixed  
implant alternative to traditional dentures  
p. 44

**WHY YOUR PORCELAIN BREAKS**  
Dr. Anne Gary discusses a fixed  
implant alternative to traditional dentures  
p. 74

Dr. MacLean said, "People assume that parents will reject it because of poor aesthetics." But "if it means preventing a child from having to be sedated or having their tooth drilled and filled, there are many parents who choose S.D.F.," she added.

After Dr. MacLean treated Knox, she gave him a sticker.

DALE L. ENNS FOR THE NEW YORK TIMES

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## Contemporary Concepts in Carious Tissue Removal: A Review

"Modern concepts for managing caries and its symptoms (i.e., carious lesions) aim to avoid invasive treatments whenever possible and instead attempt to control the activity of the biofilm and the lesions."

Ecologic Plaque Hypothesis = caries is an ecologic imbalance within the dental biofilm, with acidogenic and aciduric bacteria being more competitive under frequent intake of carbohydrates, eventually dominating the biofilm. The result is a further imbalance between mineral gain (from saliva) and mineral loss (by demineralization), leading to the symptom of the disease, the carious lesion



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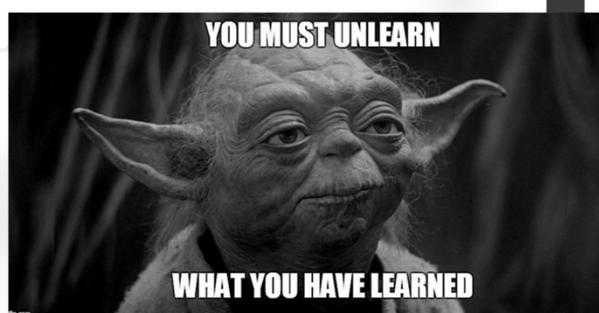
Many US trained dentists are still "Bondodontists"

Complete caries removal

Extension for prevention

Drilling based on color vs. hardness

5



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**JADA**  
THE JOURNAL OF THE AMERICAN DENTAL ASSOCIATION

**Restorative Treatments for Caries Lesions: ADA Clinical Practice Guideline**

**Evidence-based clinical practice guideline on restorative treatments for caries lesions**

Vineer Dhari, DDS, MDS, PhD; Lauren Rilnick, MPH; Marianneh Bonham, DDS, PhD; Christopher Caldas-Copezot, DDS, MDS; Paulina Martha Arribalzaga, DDS, PhD; Daniel M. Bergman, DDS, PhD; Phillip Hernandez-Rodríguez, DDS, MDS; PhD; Jeffrey A. Horn, DDS, MDS; Gregory J. Jozan, DDS, PhD; Rebeca Siperton, DDS, PhD; Norman Trindell, DDS, MDS; Douglas A. Young, DDS, EDD, FRA, MDS; Dominick T. Iaro, DDS, MSc; Sarah Parkin, ND, OdD, MSc, PhD; Kelly K. O'Brien, MSc, MUS; Alonso C. Orozco-Labat, DDS, MSc, PhD

The Journal of the American Dental Association  
Volume 154 Issue 7 Pages 551-566.e51 (July 2023)  
DOI: 10.1016/j.adaj.2023.04.011

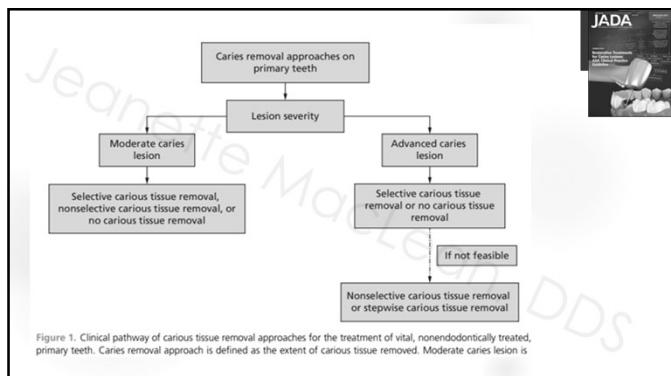
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**JADA**  
THE JOURNAL OF THE AMERICAN DENTAL ASSOCIATION

**KEY FINDING FOR ADVANCED LESIONS:**

- More conservative caries tissue removal approaches were associated with fewer clinical failures

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OUTCOME (FOLLOW-UP) <sup>a</sup>	RESTORATIONS, (PARTICIPANTS), NO.	STUDIES, NO.	ABSOLUTE EFFECT, % DIFFERENCE (95% CI)	ANTICIPATED ABSOLUTE EFFECTS, 95% CI	CERTAINTY OF THE EVIDENCE (GRADE) <sup>b</sup>	WHAT HAPPENS
Failure <sup>c</sup> (12-60 Mo)	273	2 RCTs <sup>d</sup> (273) <sup>e</sup>	0.07 (-0.12 to 0.25)	12 fewer to 25 more	Very low <sup>f</sup> <sup>g</sup> <sup>h</sup> <sup>i</sup>	There is very low certainty evidence regarding the difference between nonselective carious tissue removal and stepwise carious tissue removal for the outcome of failure.
Pulp Exposure (Postprocedural)	407	3 RCTs (481) <sup>j</sup> <sup>k</sup> <sup>l</sup>	0.18 (0.09 to 0.26)	9 more to 25 more	Moderate <sup>m</sup> <sup>n</sup> <sup>o</sup>	Among participants receiving nonselective carious tissue removal, there were 18 more events (ranging from 9 to 26) of pulp exposure than 100 participants receiving stepwise carious tissue removal. Nonselective carious tissue removal likely increases the risk of experiencing pulp exposure by an important amount compared with stepwise carious tissue removal.
Pulp Necrosis (60 Mo)	239	1 RCT (239) <sup>p</sup>	0.02 (-0.02 to 0.07)	2 fewer to 7 more	Very low <sup>q</sup> <sup>r</sup> <sup>s</sup> <sup>t</sup>	There is very low certainty evidence regarding the difference between nonselective carious tissue removal and stepwise carious tissue removal for the outcome of pulp necrosis.
Tooth Loss <sup>**</sup> (60 Mo) <sup>u</sup>	239	1 RCT (239) <sup>v</sup>	0.00 (-0.03 to 0.03)	3 fewer to 3 more	Very low <sup>w</sup> <sup>x</sup> <sup>y</sup> <sup>z</sup>	There is very low certainty evidence regarding the difference between nonselective carious tissue removal and stepwise carious tissue removal for the outcome of tooth loss.
Patient Discomfort During Treatment	239	1 RCT (239) <sup>p</sup>	0.01 (-0.02 to 0.04)	2 fewer to 4 more	Very low <sup>q</sup> <sup>r</sup> <sup>s</sup> <sup>t</sup>	There is very low certainty evidence regarding the difference between nonselective carious tissue removal and stepwise carious tissue removal for the outcome of patient discomfort during treatment.

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# The Hall Technique

## University of Dundee

### Evans and Innes

University of Dundee

A minimal intervention, child centred approach to managing the carious primary molar



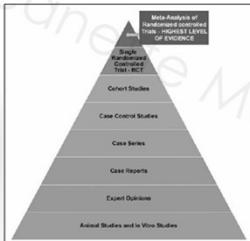
A Users Manual

Copyright © Hall Technique. All rights reserved.  
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- ▶ The Hall Technique is a method for managing carious primary molars where decay is sealed under preformed metal crowns (PMCs) without local anaesthesia, tooth preparation or any caries removal.
- ▶ Clinical trials have shown the Hall Technique to be effective, and acceptable to the majority of children, their parents and clinicians.
- ▶ It is NOT, however, an easy, quick fix solution to the problem of the carious primary molar. Like all clinical interventions, for success the Hall Technique requires careful and appropriate case selection, a high level of clinical skill, excellent patient management and long term monitoring. In addition, it must always be provided with a full and effective caries preventive programme.

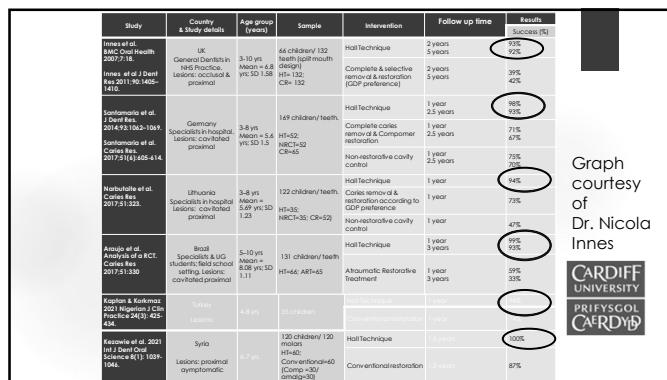
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## The Evidence for Hall Technique

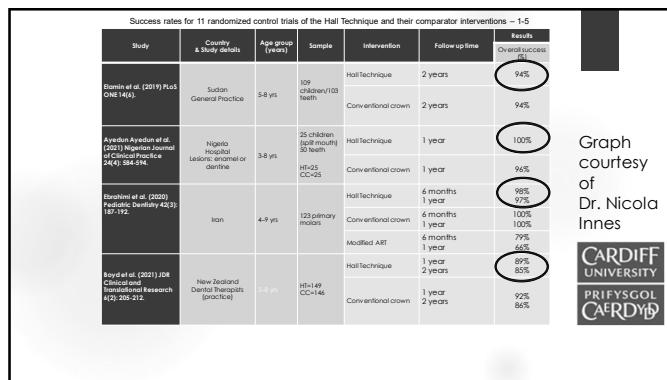


- The body of evidence for HT continues to grow
- There are now 10 published randomized control trials (an 11th is on the way)
- Dr. Nicola Innes has begun work on a systematic review

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Champu-Jordi et al. (2013). Pediatric Dentistry 35(3): 401-408.	94 primary molars with asymptomatic deep carious or reversible pulps were randomly assigned to receive (1) no treatment, (2) resin-modified glass ionomer (MCB) or (3) resin-modified glass ionomer/luting cement (MCB+).	Mod Hall technique (prop & base): (1) minima caries removed with both resin-modified glass ionomer base and luting cement (MCB+).	2 years	93%
		Mod Hall technique (prop): (2) minima caries removed with only resin-modified glass ionomer/luting cement (MCB+).	2 years	77%
		IPT (indirect pulp treatment):	2 years	90%

CARDIFF  
UNIVERSITY  
PRIFYSGOL  
CAERDYD

Graph courtesy of Dr. Nicola Innes

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## The Hall Technique 10 years on: Questions and answers

"A Hall Crown is a predictably successful restoration. When a carious lesion is sealed into a tooth, the biofilm (the community of microbes, their products and extracellular polymeric matrix) is physically prevented from accessing nutrition from its main substrate, dietary carbohydrate. This means that the actively carious/cariogenic lesion becomes a non-cariogenic lesion. Like other treatments aimed at managing carious lesions by sealing them in, a Hall crown works by depriving the lesion of fuel and making the environment unfavourable for its progression. The dental pulp lays down reparative dentine, effectively retarding in response to the advancing carious lesion."<sup>11</sup>

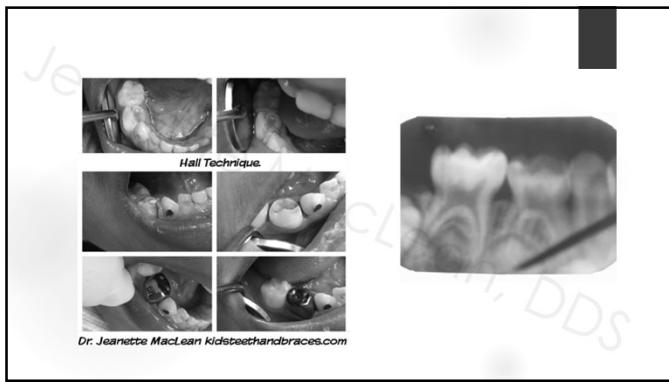
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## The Hall Technique



Extensive crown destruction, particularly proximal lesions in the primary dentition, fares better long term with an SSC

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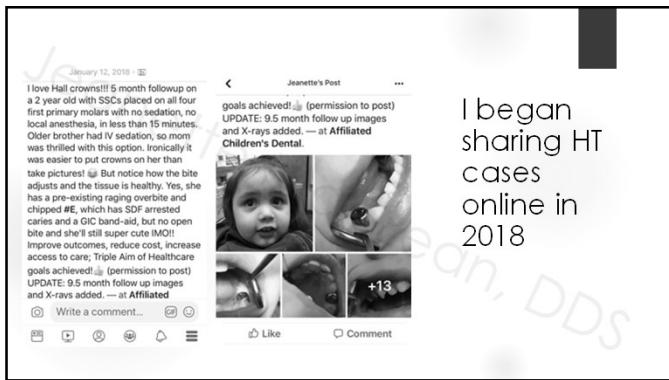
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I began  
sharing HT  
cases  
online in  
2018

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21

Jeanette's Post

Great until oversized crowns are "hall technique" onto primary second molars and eventually cause vertical impaction of 6's. The damn things need cut back off and replaced. Shit dentistry.

3y Wow Reply 14

● Jeanette MacLean Budd

Harsh Critics

22

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Defending the Hall Technique

► Harsh criticism

- Don't understand the process
- Unaware of the literature
- Fear over job security
- Editorial articles lashing out at the technique

23

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Dentaltown, March 2020

The Hall Technique

A minimally invasive method of treating caries in pediatric patients

The patient is this 5 year-old boy living 2,000 miles from the Northern Territory of Canada in the American Southwest. He traveled to treat him with the hall technique in Arizona, in lieu of general anesthesia.

This patient has had crowns on all four first primary molars.

Because the hall technique is easily performed on molars, the extraction of primary crowns are not a big deal anesthetically - this patient has had 0 pain.

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The COVID Tipping Point

- ▶ Initial concerns for aerosols in the early months of the pandemic made an interesting impact on acceptance of the Hall Technique
- ▶ NuSmile HT webinars April & May 2020
- ▶ I had several pediatric dentist DM me that they finally had the courage to try HT, and once they had, couldn't believe it took them so long
- ▶ AAPD 2020 includes scientific session on minimal interventions, like HT

Join us at  
**AAPD 2020**  
**NashVirtual**

Does it Really Work? Minimal Intervention Approaches for Caries Management in Children (including SDF, ITR/ART and Hall Technique)

  
Dr.Yasmi Crystal  
  
Dr. Journette MacLean  
  


25

26

A black and white photograph of a young boy with blonde hair, wearing dark sunglasses and a light-colored shirt. He is smiling broadly, showing his teeth. The video player interface is overlaid on the bottom of the image, including a play button, a progress bar showing 0:05 / 8:34, and various control icons. The title 'SMART Hall Technique video' is displayed in large, bold, black letters at the top of the image.

27

# Conventional vs. Hall Technique: Results are Equivalent

The success of stainless steel crowns placed with the Hall technique: A retrospective study

► The success of stainless steel crowns placed with the Hall technique: A retrospective study

(Ludwig et al JADA 2014)

**ABSTRACT**

**Background:** In this prospective study, the clinical performance of stainless steel crowns placed with the Hall technique was evaluated.

**Objectives:** The primary objective was to evaluate the clinical performance of stainless steel crowns placed with the Hall technique in comparison with the conventional technique. Secondary objectives were to evaluate the clinical performance of stainless steel crowns placed with the Hall technique in comparison with the conventional technique in different clinical situations and to evaluate the clinical performance of stainless steel crowns placed with the Hall technique in comparison with the conventional technique in different clinical situations.

**Design:** A prospective study.

**Setting:** A dental clinic.

**Participants:** A total of 100 stainless steel crowns were placed with the Hall technique and 100 with the conventional technique.

**Interventions:** The Hall technique was used for all stainless steel crowns placed with the Hall technique and the conventional technique was used for all stainless steel crowns placed with the conventional technique.

**Outcomes and Measures:** The clinical performance of the stainless steel crowns was evaluated using the modified United States Public Health Service criteria. The clinical performance of the stainless steel crowns was evaluated using the modified United States Public Health Service criteria.

**Results:** The clinical performance of the stainless steel crowns placed with the Hall technique was comparable to the clinical performance of the stainless steel crowns placed with the conventional technique.

**Conclusion:** The clinical performance of the stainless steel crowns placed with the Hall technique was comparable to the clinical performance of the stainless steel crowns placed with the conventional technique.

28

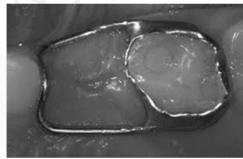
# I STILL DON'T GET IT...

29

Huh?

30

If you can fit and place a band for a space maintainer, you can do Hall Technique!



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31

A Hall crown is just a space maintainer, with a roof



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32

If you understand indirect pulp therapy/ indirect pulp cap, you can do Hall Technique!

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33

A Hall crown is just an indirect pulp cap... on steroids



- The SSC protects the tooth from the forces of occlusion
- A good margin seal and the cement wall off the biofilm
- The GIC or RMGI cement releases fluoride and reduces sensitivity
- Odontoblasts lay down a protective barrier of reparative dentin, insulating the pulp

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### Presenting Hall Technique to parents

- ▶ Your child's tooth warrants a crown
- ▶ The good news is we now have a non-invasive way to place crowns that will not require sedation, shots, or drilling
- ▶ We have learned it's no longer necessary to drill away all the decay
- ▶ Instead, we can seal it under a crown, which will starve the cavity of the sugars and acids needed for it to get worse
- ▶ We will use orthodontic separators to create the space between the teeth to fit the crown, instead of using a drill to cut the tooth to make space for the crown
- ▶ Studies show the success rate is equivalent to the conventional approach

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### Typical response



- ▶ "That's awesome! I wish I had a dentist like you when I was a kid!"

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36

Say what?



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37

What would happen if I put you in a  
tank of cement ?  
Would you live ? Or would you die ?



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38

What about anaerobic bacteria ?

► Caries is driven by dietary  
carbohydrates NOT oxygen

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39

## Remember H. Pylori ?



- ▶ Marshall and Warren
- ▶ 2005 Nobel Laureate in Medicine and Physiology
- ▶ 1983 discovery of *Helicobacter pylori* dramatically changed the treatment approach for gastroduodenal diseases in the last two decades
- ▶ Now stomach ulcers and cancers can be treated conservatively without surgical procedures.

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40

## The Hall Technique Clinical Protocol

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### Indications for Hall Technique

- ▶ Caries in primary molars
- ▶ Per "The Hall Technique 10 years on: Questions and answers" (Innes BDJ 2017)
  - ▶ Proximal lesions, cavitated or non-cavitated
  - ▶ Occlusal lesions, non-cavitated if the child is unable to accept a fissure sealant
  - ▶ Occlusal lesions, cavitated if the child is unable to accept selective caries removal
- ▶ My indications
  - ▶ Primary molars with asymptomatic caries or reversible pulps
  - ▶ Large, multi-surface lesions
  - ▶ Lesions involving cusps or extending beyond proximal line angles
  - ▶ Patient cannot tolerate conventional surgical interventions
  - ▶ Parent or patient prefers less invasive treatment

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### Contra-indications

- ▶ No clear band of dentin can be seen on a radio graph
- ▶ Signs or symptoms of irreversible pulps or dental infection
- ▶ Clinical or radiographic signs of pulpal exposure or periradicular pathology
- ▶ Crowns/teeth so broken down that they would be unrestorable with conventional techniques
- ▶ Children where the airway cannot be managed safely

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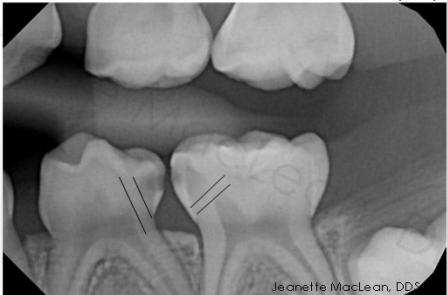
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A "clear band of dentin" = dentin between the carious lesion and the pulp



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OBTA  
INFORMED  
CONSENT

- RISKS
- BENEFITS
- AND ALTERNATIVES
- INCLUDING NO TREATMENT

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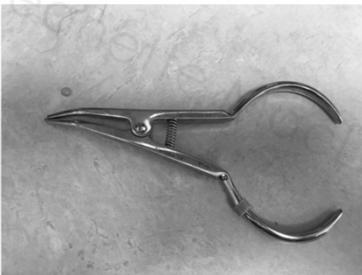
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46

Place separators



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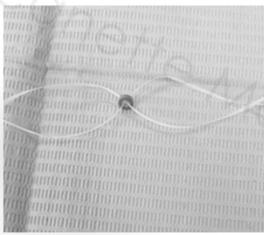
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47

Place separators



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Separators come in 2 sizes

- Small, 1/8"
- Large, 3/16"

**Tooth Separators (Radio Opaque)**  
Extruded and cut elastomeric material.

Blue	603-080	Small, 1/8" OD,.040 thickness	1,000ct
White	603-085	Small, 1/8" OD,.040 thickness	1,000ct
Blue	603-090	Large, 3/16" OD,.045 thickness	1,000ct
White	603-095	Large, 3/16" OD,.045 thickness	1,000ct

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Separator Placement Video

Separator Placement for SMART Hall Crown Technique after SDF Treatment

Affiliated Children's Dental Specialists 6.01K subscribers

6,268 views • Mar 12, 2019

1 like 51 views 4 shares 114 save 114 more

50

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**MORE ON SEPARATORS**

- IF THEY HAVE OPEN CONTACTS, YOU WON'T NEED THEM
- IF THEY ONLY HAVE 1 CONTACT, YOU'LL ONLY NEED 1 SEPARATOR
- BE AWARE THE TEETH WILL SHIFT, SO AN OPEN MESIAL CONTACT MAY BECOME A CLOSED MESIAL CONTACT
- USE LARGER SEP FOR A BROAD MOLAR TO MOLAR CONTACT
- USE SMALLER SEP FOR A NARROWER MOLAR TO CANINE CONTACT
- CONSIDER GIVING PARENTS EXTRA SEPS TO TAKE HOME
- SOMETIMES THE CONTACT WILL FAIL TO OPEN DUE TO THE SEP FALLING OUT, SHIFTING, OR IMPROPER PLACEMENT
  - OPTIONS:
    - REAPPOINTMENT
    - REPLACE AND WAIT 15 MIN.
    - STRIP CONTACT

51

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Remove separators,  
ideally after 2 days – 1 week



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52

Separators are easily removed  
with an explorer



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53

Notice the space created



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54

Clean with plain pumice



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Protecting the airway

- ▶ Seat patients slightly upright, if possible
- ▶ 4x4 gauze
- ▶ Athletic tape



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Seated slightly upright



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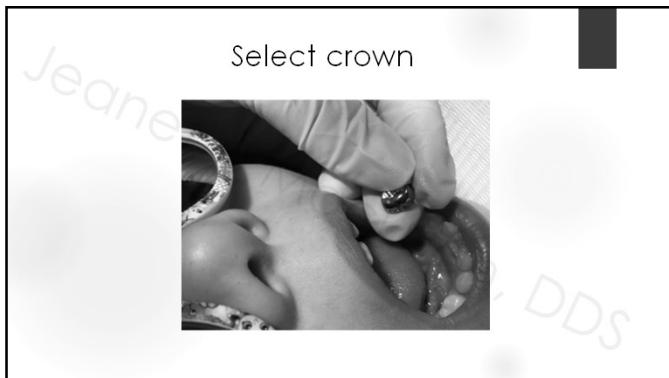
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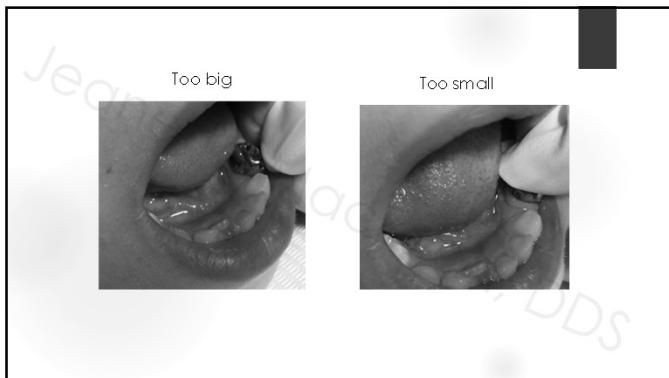
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Check margins with an explorer to ensure carious lesion is fully covered!

- ▶ Open margins can lead to failures!

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64

Prepare a high quality glass ionomer or RMGI cement such as Fuji CEM 2, and load into the crown

Fill to the top!



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65

Automix Options



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66

Seat crown with firm finger pressure,  
ensure airway is protected



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67

Instruct the patient to bite down



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68

Clean and remove excess cement



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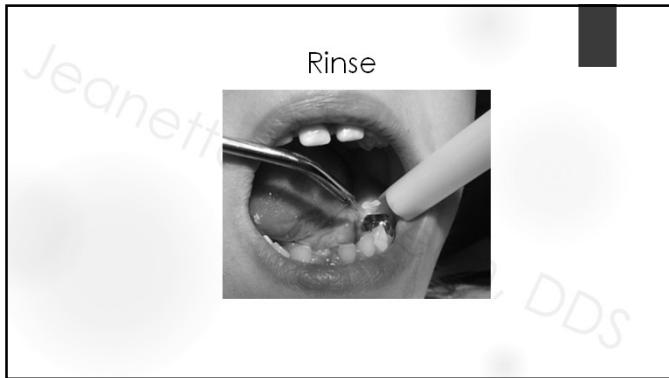
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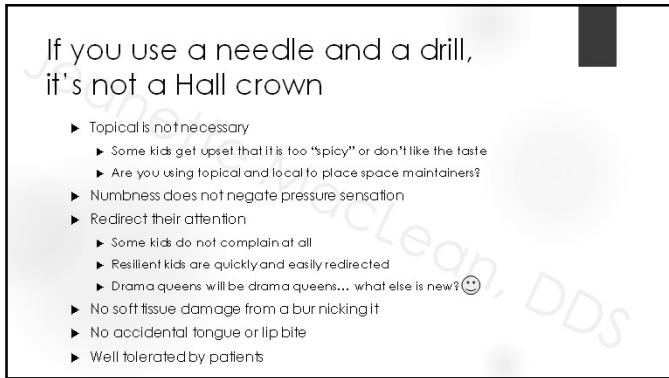
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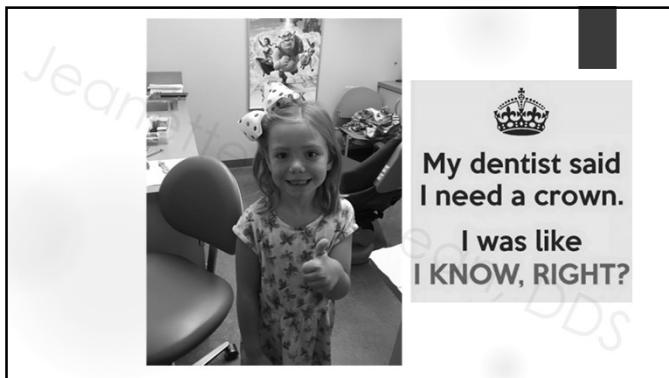
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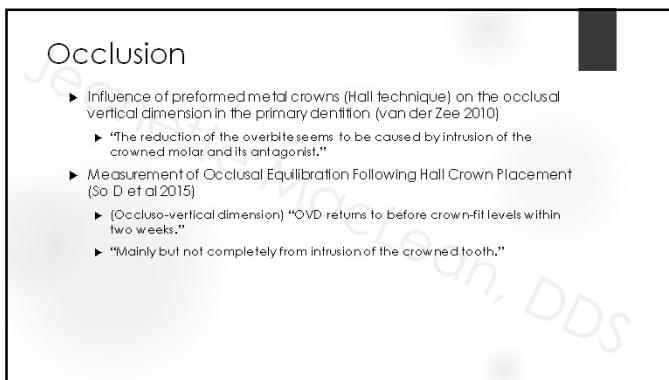


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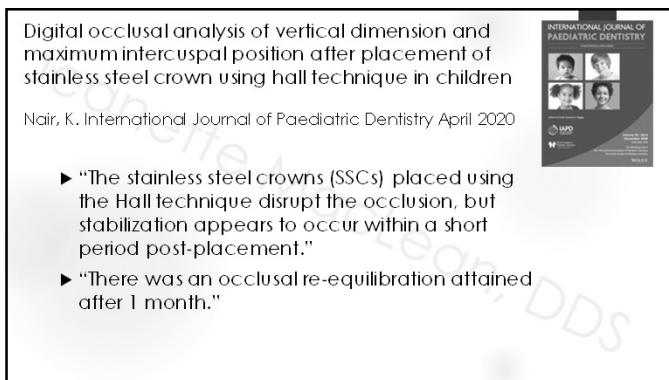


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Ebrahimi M, et al Success and Behavior During Atraumatic Restorative Treatment, the Hall Technique, and the Stainless Steel Crown Technique for Primary Molar Teeth  
Pediatr Dent. 2020 May

- ▶ "The Hall technique has acceptable clinical and radiographic results comparable to that of the stainless steel crown technique for treatment for carious primary molar teeth with multisurface lesions"
- ▶ "A decrease of canine overbite occurs at the time of treatment in the HT group. However, alterations to overbite subside by six months after treatment."
- ▶ "Considering acceptable clinical and radiographic results and other advantages of HT, including less treatment time, technique simplicity, and showing high parental satisfaction, HT offers a treatment option for treatment of multisurface caries of primary molars."



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## Occlusion changes with conventional SSC as well...

- ▶ Unless you take a scan or impression and create a custom crown, the occlusion will be different with any prefabricated crown, conventional/surgical prep or no prep/Hall

Finally the crown is checked for occlusion. The primary dentition has great ability to adjust to a slightly opened bite of 1mm or so over a few days with no adverse effect. The patient should be advised that there may be some temporary gingival discomfort when the local anesthetic wears off.

12. Duggal MS and Curzon MEJ. Restoration of the broken down primary molar.2. Stainless steel crowns. Dent Update 1989;16:71-75.



80



## ORTHODONICS BITE TURBOS

81

## NuSmile SSCs

- ▶ Flat \$3 per crown
  - ▶ Compared to 3M which averages \$5 - \$8, depending on your dealer
- ▶ 316 Surgical Grade SS
  - ▶ More malleable around the margins for easier placement
  - ▶ Holds up to bruxers better than 3M
- ▶ 3M uses 304 Food Grade SS
- ▶ Average prepped molar size is 4, so average unprepped, 'Half size' is 5



82



83



84




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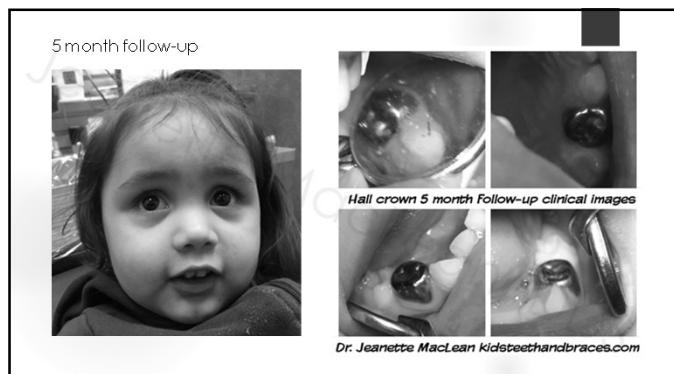


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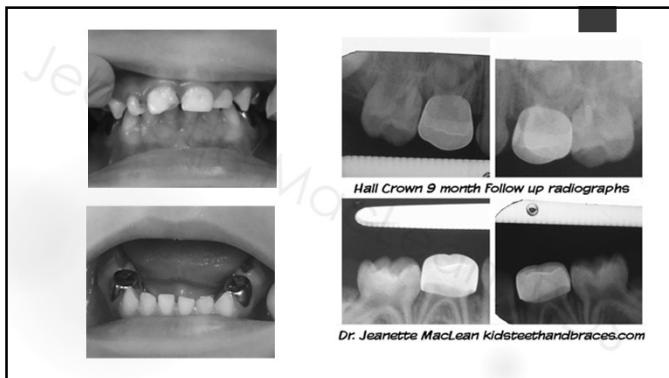


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87



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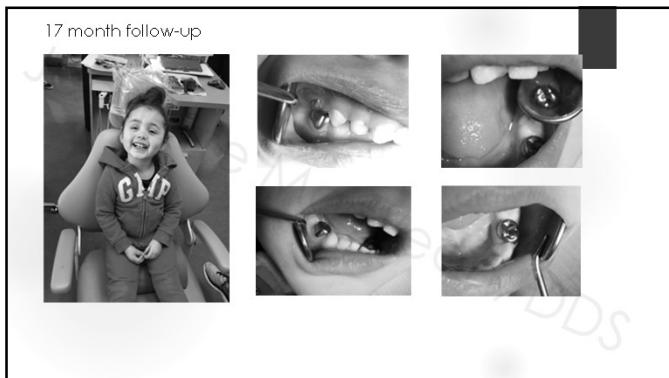
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## '8 Pack Done Differently'

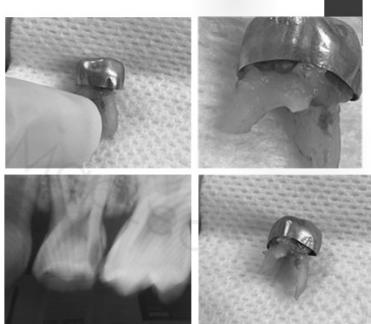
- ▶ People will travel to see you!
- ▶ Give the parent extra separators 'just in case'
- ▶ 'Knee to knee' kid 5 year follow-up



94

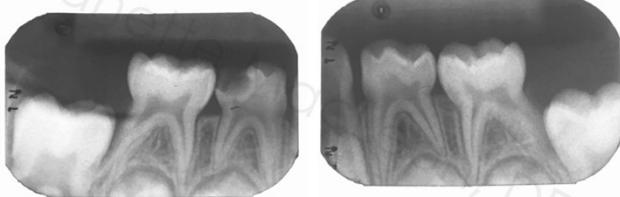
Failed Hall crown placed by another pediatric practice that was able to "get them in sooner"

- I did extract this abscessed tooth
- SSC did not fully cover the carious lesion



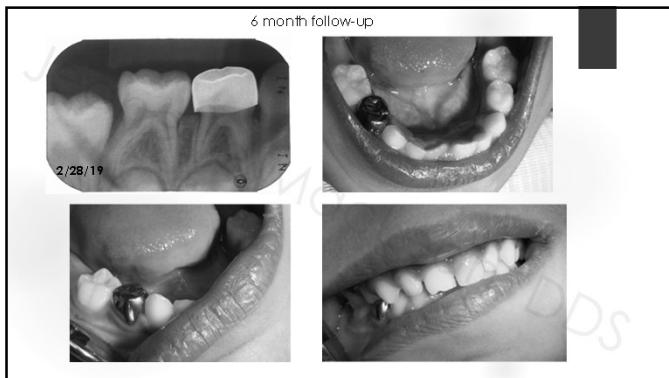
95

8/2/18



Treatment plan = #S - SMART Hall SS      #L - Occlusal SMART w/ EQUIA Forte

96



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## 3 year follow-up



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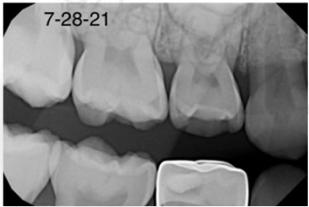
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100

## 3 year follow-up



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101

## 4+ year follow-up



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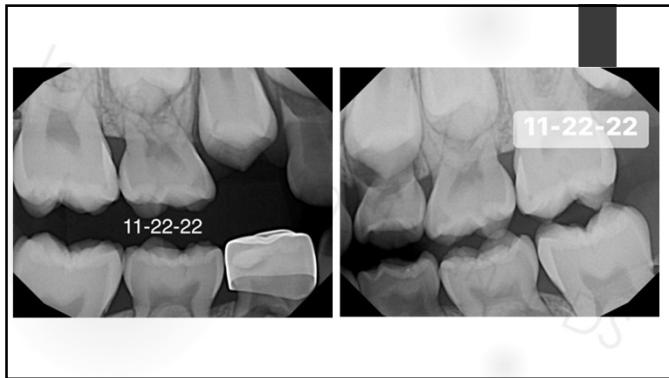
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105

FAQs	“SHOULD YOU APPLY SDF FIRST?”	“IS THIS ONLY FOR THE BAD KIDS?”	“DO YOU ONLY DO HALL CROWNS NOW?”
<ul style="list-style-type: none"> <li>• SDF IS NOT NECESSARY FOR THE PROVEN EFFICACY OF HALL TECHNIQUE</li> <li>• IT CAN BE A “TIME BUYER”</li> <li>• IT CAN HELP ASSESS PULP VITALITY</li> <li>• “BELT AND SUSPENDERS”</li> </ul>	<ul style="list-style-type: none"> <li>• NO, “GOOD” KIDS DESERVE NON-INVASIVE OPTIONS TOO</li> <li>• YOU MAY NOT BE ABLE TO DO THIS IF BEHAVIOR IS REALLY BAD AND YOU CAN’T PROTECT THE AIRWAY – THEY MAY WARRANT SEDATION OR ITR</li> </ul>	<ul style="list-style-type: none"> <li>• NO</li> <li>• I DON’T HAVE AN EXACT PERCENTAGE BREAKDOWN, BUT I STILL DO BOTH CONVENTIONAL SURGICALS AS WELL AS HT</li> </ul>	

106

5/17/21

5/17/21

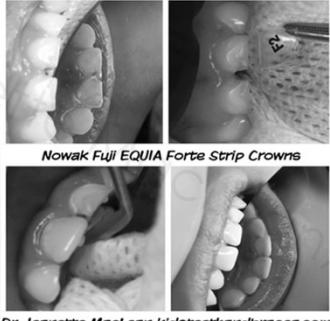
107

The image consists of two side-by-side intraoperative photographs of a dental arch. The left photograph shows the arch with several orthodontic brackets and wires in place. The right photograph shows the arch with a different set of orthodontic hardware, including larger, more complex brackets and a different wire configuration. Both photographs are taken from a similar perspective, showing the curvature of the dental arch and the placement of orthodontic devices.

108

# Atraumatic Glass Ionomer Strip Crowns

109



110

111



112

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### Benefits

- ▶ Minimally invasive
- ▶ An extension of ART & IPT
- ▶ Great option for kids that:
  - ▶ Lack spacing or anatomy for a prefabricated crown
  - ▶ Are too young to sedate
  - ▶ Parents do not want to sedate
  - ▶ High fluoride release arrests caries with little or no tooth preparation

113

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### Disadvantages

- ▶ Learning curve
- ▶ Do NOT attempt this if you've never used a glass hybrid restorative before
- ▶ start with simple occlusals
- ▶ Not appropriate for deep sedation or GA
- ▶ In that situation use a prefabricated crown for superior strength and esthetics
- ▶ Can be "high maintenance" in certain kids
- ▶ Important to review the pros and cons and set realistic goals

114

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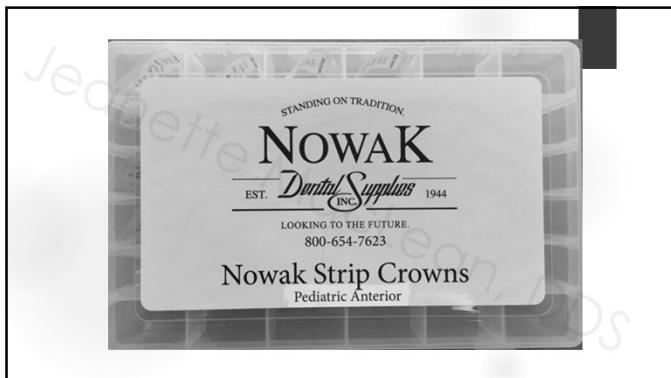
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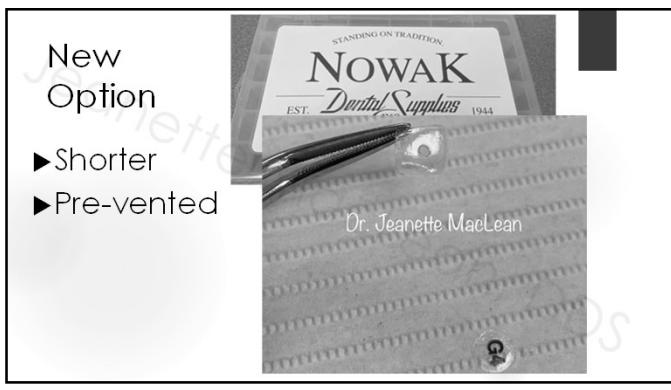
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SELECT YOUR RESTORATIVE

- ▶ EQUIA FORTE
- ▶ EQUIA FORTE HT




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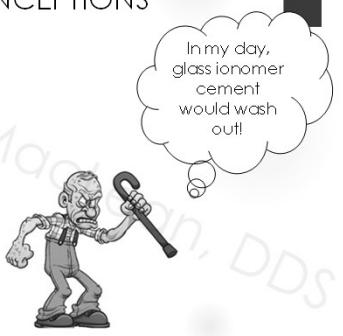
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LINGERING MISCONCEPTIONS



119

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Glass Hybrid Restorative

- ▶ Bulk fill
- ▶ Biocompatible
- ▶ Increased flexural strength
- ▶ Max fluoride release
- ▶ Antimicrobial
- ▶ Hydrophilic
- ▶ Wear resistant
- ▶ Esthetic




120

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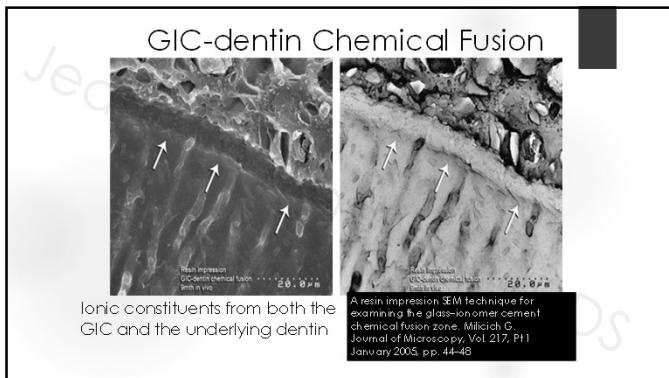
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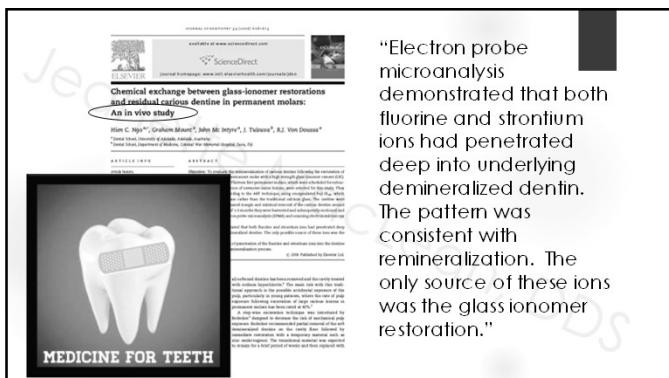
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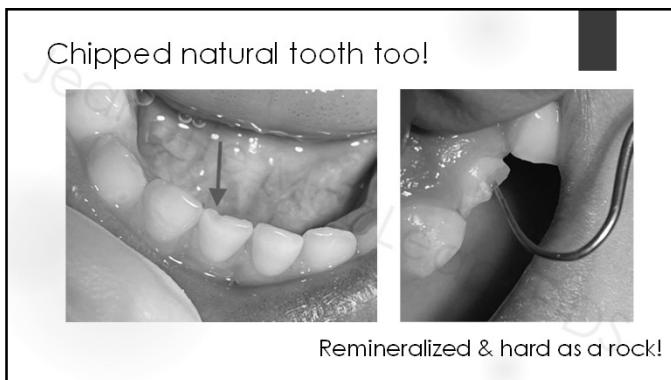
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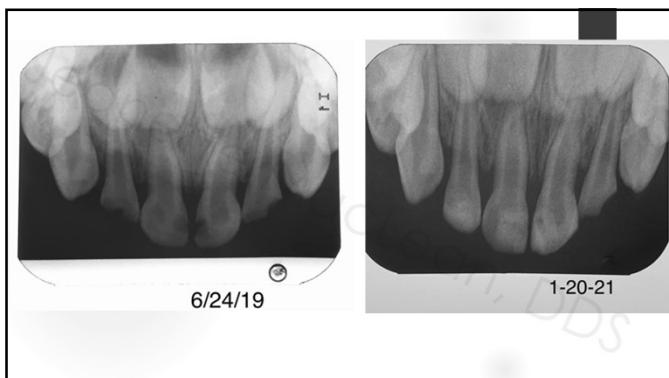


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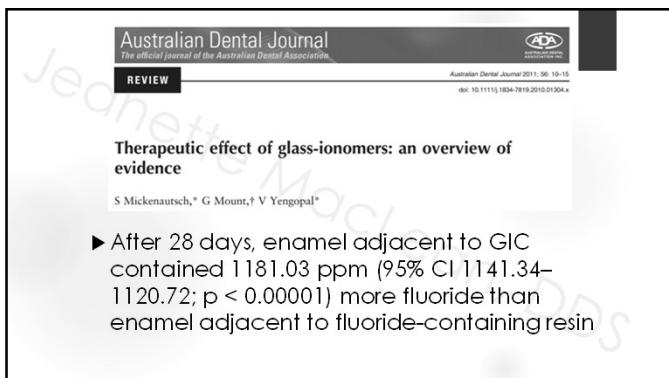


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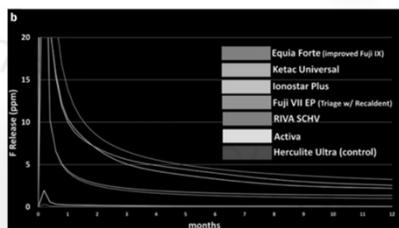
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132

TRAC Research by Rella Christensen, RDH, PhD



**Figure 9b.** In vitro fluoride release in parts per million from 7 restorative materials we tested. The scale in **Figure 9a** allows the reader to see the typical spike in fluoride release that occurs within the first 24 hours after placement. The scale in **Figure 9b** allows the reader to see the differences in fluoride release among the 7 products tested. EQUIA Forte showed the consistently highest fluoride release throughout the one-year test.

133

## CLINICAL PROTOCOL

134

### STEP-BY-STEP

- ▶ EXAM AND X-RAY
- ▶ VITAL PULP OR REVERSIBLE PULPITIS
- ▶ TREATMENT PLAN AND INFORMED CONSENT
- ▶ CONSIDER BEHAVIOR MANAGEMENT FEE IF UNCOOPERATIVE
- ▶ CONSIDER NUMBER OF APPOINTMENTS BASED ON AGE AND BEHAVIOR

135

## CLEAN THE TOOTH

- NO LOCAL ANESTHETIC OR TOPICAL NECESSARY
- PLAIN PUMICE
- DEPENDING ON BEHAVIOR & ACTIVITY OF THE LESION, CONSIDER CARIES REMOVAL
  - SPOON EXCAVATION
  - SLOW SPEED ROUND BUR
  - CHEMOMECHANICAL CARIES REMOVAL
  - CONSIDER REMOVAL OF SDF STAINED TOOTH STRUCTURE TO PROVIDE DEPTH FOR BULK OF THE MATERIAL
  - NO CARIES REMOVAL IS ALSO AN OPTION FOR ART



136



137

Select and trim  
crown form



138



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139



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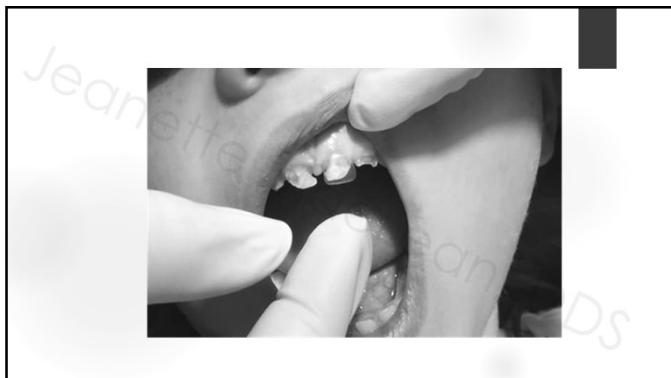
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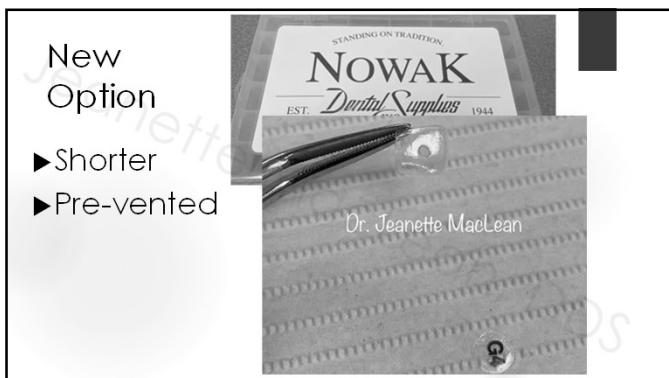
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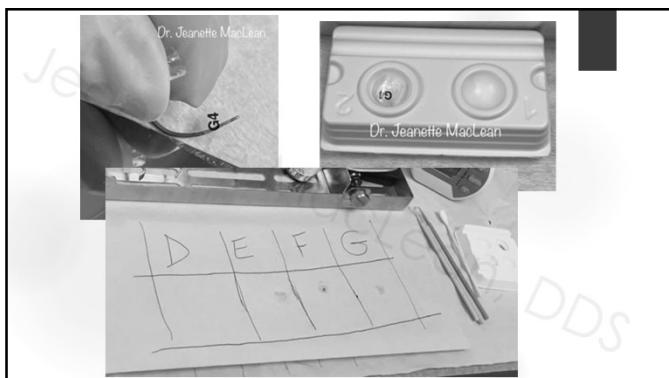
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144

## Cavity Conditioner "PAA" = Polyacrylic Acid

- PAA and phosphoric acid etch for resin composite are NOT the same thing!
- Improves chelation and chemical bond
- A bonding agent is NOT necessary
- GC Cavity Conditioner =
  - 20% Polyacrylic Acid: removes the smear layer to enhance the bond of GIC to enamel and dentin
  - 3% Aluminum Chloride Hexahydrate seals dentinal tubules to reduce sensitivity




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145

## Apply conditioner

- 20% PAA for 10 seconds
- Rinse
- Consider using wet gauze for extremely phobic patients
- 'Dry.' but do not desiccate
  - Blot
  - No pooling water




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147

## PREPARE GI RESTORATIVE

148

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### Basic Capsule Mixing Steps

1. Remove from wrapper immediately before use
2. Tap capsule on its side to loosen the glass particles



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149

3. To activate the capsule, push the plunger until it is flush with the main body and hold it down for 2 seconds



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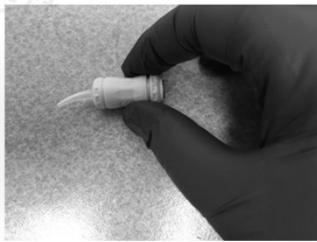
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150

4. Ensure the plunger is fully pressed to avoid the incorrect mixing ratio of powder and liquid  
5. The capsule should be activated just before mixing and used immediately



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151

5. Place in capsule mixer and mix for 10 seconds



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152

WORKING TIME IS  
SHORT!

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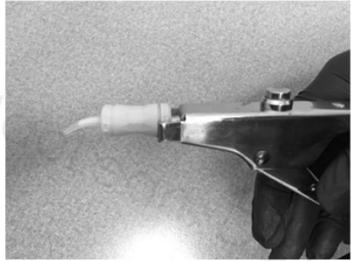
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153

Place capsule into the applicator gun and click twice to extrude material through the tip



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154

Immediately load into the crown form



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155

Fill to the top



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156

SEAT WITH FIRM  
FINGER PRESSURE

USE CAUTION NOT  
TO BEND OR  
DISTORT THE FORM



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157

WORKING QUICKLY,  
REMOVE EXCESS  
MATERIAL WITH A  
HOLLANBACK OR  
MICROBRUSH



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158

NOW WAIT!

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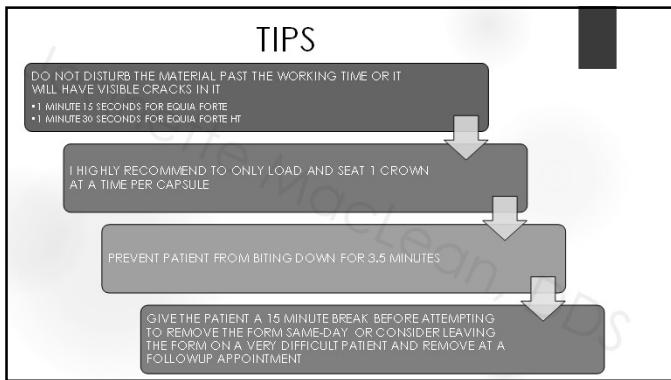
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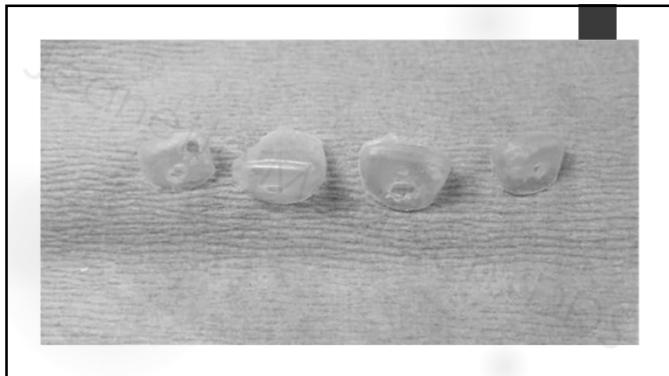
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SKIP THE COAT IF  
GUMS ARE  
BLEEDING OR THE  
PATIENT IS VERY  
UNCOOPERATIVE




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166

Soft  
foods  
only for  
48 hours!



Glass Ionomer Cement Post-Op Instructions

- Your child has had their teeth treated with a glass ionomer cement filling or sealant material today.
- For 48 hours, please eat soft foods only, and use caution to avoid hard, crunchy foods while the material reaches its maximum strength and hardness.

Suggested foods:

Soup	Yogurt
Macaroni and cheese	Apple sauce
Scrambled eggs	Oatmeal
Smoothies	Mashed Potatoes
Ice cream	Jello

- It is always a good idea to avoid chewing ice or hard candies to prolong the life of your child's teeth and restorations.

Download at  
[kidsteethandbraces.com](http://kidsteethandbraces.com)

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167

CASE STUDIES

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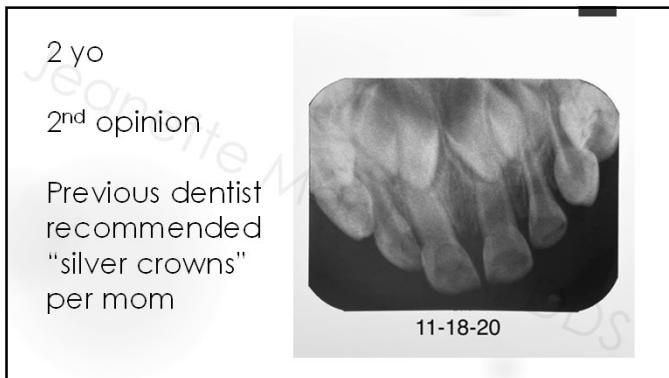


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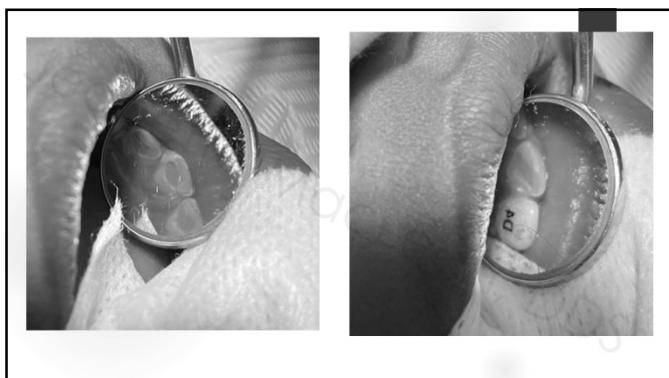
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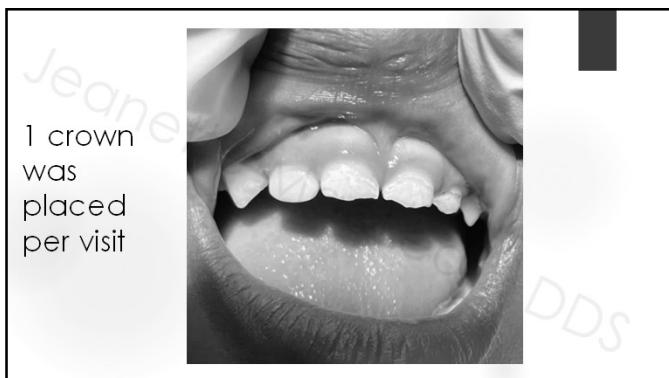
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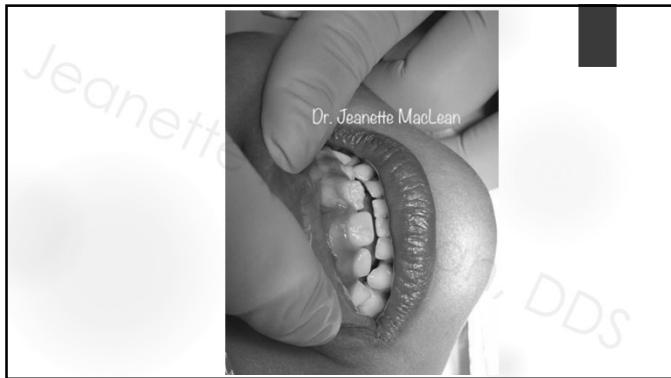
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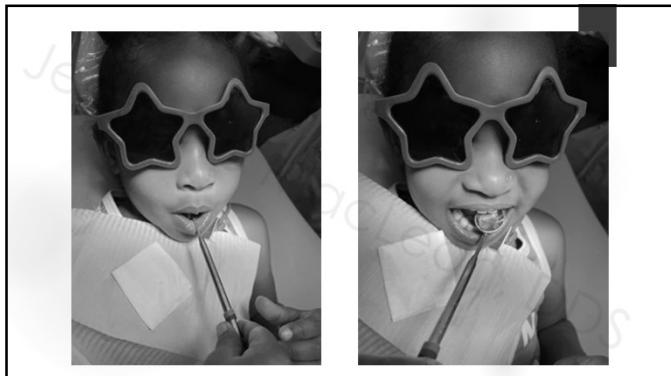
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177

2 yo  
2<sup>nd</sup> opinion

Class III, missing #G

Previous dentist said  
SDF or extractions



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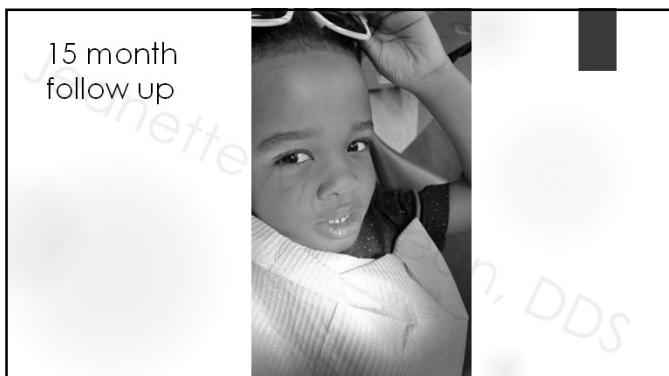
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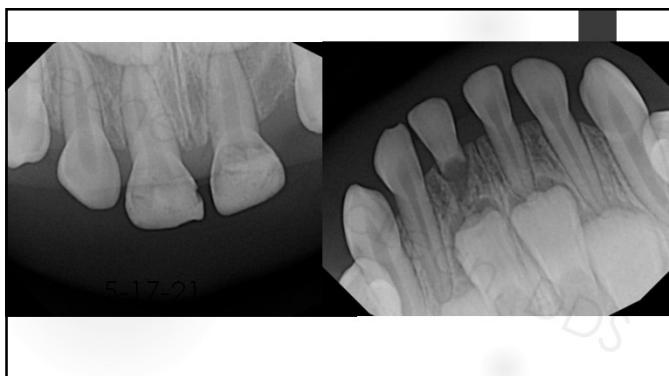
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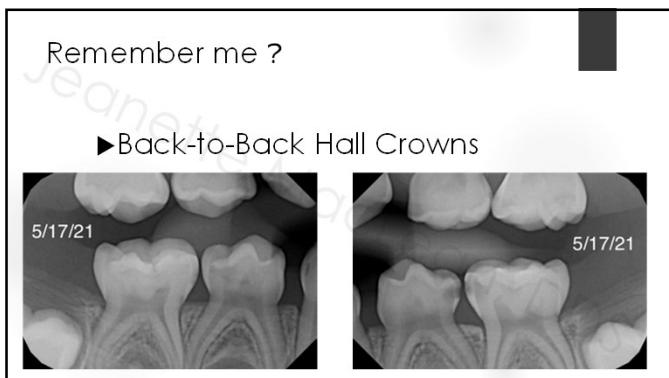
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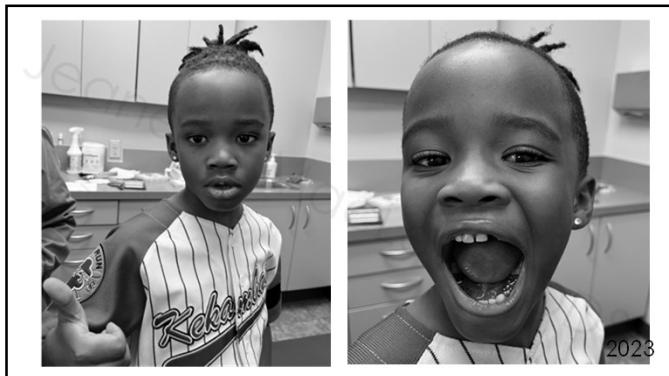
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Treatment Planning  
Discussion:  
Pros  
Cons  
Other options  
"More high  
maintenance"  
Fee to repair or replace

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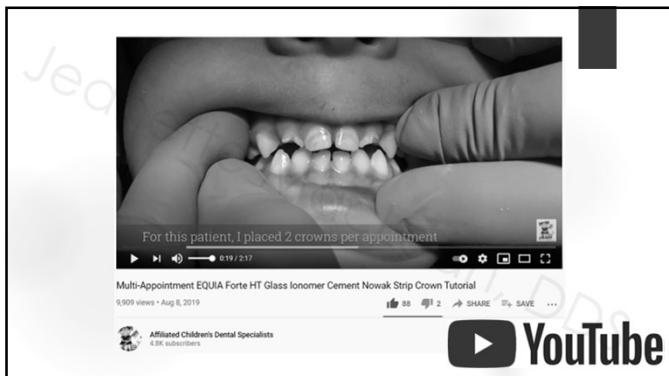
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For more information:

  @drmaclean

 [Kidsteethandbraces.com](http://Kidsteethandbraces.com)

 **Affiliated Children's Dental Specialists**

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Less is More: Minimally-Invasive Cosmetic Treatment Options for Enamel Defects

★★★★★ (2 Reviews) [Course Description](#) [144](#)

 Speaker: Dr. Jeannette MacLean

Mr. Panic, ICON Resin Infiltration, and etchbond seal can improve the appearance of teeth. Learn how to correct a variety of enamel defects and white spot lesions while preserving tooth structure and repairing the patient's natural smile. Learn these minimally invasive techniques that will increase patient satisfaction and attract new patients to your practice.

On Demand: Hall Technique Webinar  
Icon, MI Paste, Etch Bleach Seal Webinar

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