

2018 NDDA Annual Session



North Dakota
DENTAL ASSOCIATION



September 13th - 15th
Radisson Hotel and Bismarck Event Center
Bismarck, North Dakota

Reminder: NDDA member registration has been prepaid, but you still need to register!

Schedule of Events

THURSDAY, SEPTEMBER 13

7:00 a.m. – 11:00 a.m. *NDDA Board of Trustees Meeting* – Radisson - Hudson
12:00 p.m. *NDDA Golf Outing* – Prairie West Golf Course, Mandan, ND (Lunch at 11:00 am)
7:00 p.m. - 11:00 p.m *Exhibitors to set up booths* – Event Center – Exhibit Hall B
7:00 p.m. *House of Delegates including post meeting social* – Radisson - Liberty/Manhattan

FRIDAY, SEPTEMBER 14

7:00 a.m. *Minnesota Alumni and Friends Breakfast* – Radisson – Renoir/Russell
7:30 a.m. *Registration Opens* – Event Center (obtain drawing tickets for 4-6 pm drawings)
7:30 a.m. – 6:00 p.m. *Exhibit Hall Open* – Event Center – Exhibit Hall B
7:30 a.m. – 3:00 p.m. *Dental Assistants* – Event Center – Prairie Rose 104 - 105
7:30 a.m. – 4:00 p.m. *Dental Hygienists – Various Speakers* – Event Center – Hall C
8:15 a.m. – 11:45 a.m. *“Jack Pfister, DDS Lecture Series”* – Event Center - Dr. Karl Koerner – Hall A
10:15 a.m. – 10: 45 a.m. Break – Event Center – Exhibit Hall B (obtain drawing tickets for 4-6 pm drawings)
11:00 a.m. – 11:45 a.m. Exhibitor Lunch served – Exhibit Hall B
11:45 a.m. – 1:00 p.m. *NDDA Membership Luncheon* – Event Center – Prairie Rose 101-103 (NDDA Members Only)
1:00 p.m. – 4:00 p.m. *“Jack Pfister, DDS Lecture Series”* – Event Center – Dr. Karl Koerner – Hall A
3:00 p.m. *ND-D-PAC and NDDA Legislative Committee Mtg* – Event Center – Prairie Rose 103
4:00 p.m. – 5:00 p.m. Reference Committee (if necessary) – Event Center – Prairie Rose 101
4:00 p.m. – 6:00 p.m. *Exhibitor & Attendee Social* – Exhibit Hall B (Collect Tickets / Drawings every 15 min!)
5:30 p.m. – 7:00 p.m. *New Dentist/Member Social* – Radisson - New York 1 & 2
7:00 p.m. – 11:30 p.m. *President’s Mixer & Foundation Fundraiser* – Radisson – Galleria Ballroom

SATURDAY, SEPTEMBER 15

7:00 a.m. – 8:00 a.m. *House of Delegates 2nd Mtg. (if necessary)* –Event Center – Prairie Rose 102 - 103
7:15 a.m. – 8:15 a.m. *NDDA Past President’s Breakfast* – Radisson - Renoir/Russell
7:30 a.m. *Registration Opens* – Event Center
7:30 a.m. – 2:00 p.m. *Exhibit Hall Open* – Event Center – Exhibit Hall B
7:30 a.m. – 4:00 p.m. *Dental Hygienists – Various Speakers* – Event Center – Hall C
8:15 a.m. – 12:00 p.m. *“Jack Pfister, DDS Lecture Series”* – Event Center - Dr. Tieraone Low Dog – Hall A
8:30 a.m. – 9:00 a.m. *Mini-Clinic (Non-CE)* – Mr. Doug Bahr – Prairie Rose 104-105
9:00 a.m. – 9:30 a.m. *Mini-Clinic (Non-CE)* – Ms. Rita Sommers – Prairie Rose 104-105
9:30 a.m. – 10:00 a.m. *Mini-Clinic (Non-CE)* – Q&A with Mr. Doug Bahr and Ms. Rita Sommers
10:15 a.m. – 10: 45 a.m. *General Session Break* – Event Center – Exhibit Hall B
10:30 a.m. – Noon *Mini-Clinic (Non-CE)* – Dr. Tara Feil – Prairie Rose 104-105
11:00 a.m. *Board of Trustee’s Meeting* – Event Center - Prairie Rose 101
12:00 p.m. – 1:15 p.m. *Lunch in Exhibitor Hall* – Event Center – Exhibit Hall B
1:15 p.m. – 4:00 p.m. *“Jack Pfister, DDS Lecture Series”* – Event Center - Dr. Tieraone Low Dog – Hall A

Thank You for Attending the 2018 North Dakota Dental Association Annual Session!

2018 NDDA Annual Session

2018 PRESIDENT'S MIXER AND FUNDRAISER

Are you ready to be **amazed, dazzled and tempt** your taste buds?

Dr. Caron Berg, President of the NDDA invites **you** (dentists, hygienists, assistants, staff, exhibitors and spouses) to join us for an evening of **"Dueling Pianos by Fun Pianos"** to entertain us this year! Prepare to be amazed by their **comedic entertainment** while enjoying **fantastic music** that may just take us down a stroll through **memory lane**.

The NDDA will also be hosting a **"Wine Pull"** and **50/50 raffle** to raise money for the upcoming **Mission of Mercy** community oral health event! So be prepared to take a chance on getting the wine you love or trying a new flavor by purchasing a chance to pull a numbered cork to win that bottle of wine.

Festivities will begin at **7:00 p.m.** at the **Radisson Hotel** ballroom on **Friday, September 14th** and is open to everyone involved with the conference at no extra charge. We will offer hors D'oeuvres that pair well with wine and have a cash bar available. Please plan to join us for a **laughter-filled** evening and maybe even a **sing-a-long** that will offer great opportunities to **relax, visit** and **have a great time!**



ATTENDEE AND EXHIBITOR SOCIAL

Back by popular demand, we will again host a social for our conference attendees that will prime us for the President's Mixer! Plan on joining us right on the Exhibit Hall floor on Friday afternoon, September 14th from 4-6 pm for light appetizers and beverages, but more importantly an opportunity to meet, mingle and thank all the fantastic exhibitors for attending and supporting our Annual Session!

WIN SOME PRIZES!!! To make the Exhibitor Social more fun and give you an opportunity to win some great prizes, our Exhibitors will again be assisting us this year. Stop by and visit with them before the session, during your breaks, lunch and even during the social to increase your chances to win some great prizes to be given away. **Our Exhibitors will open their booths at 7:30 am on Friday and be ready to greet you!** All you have to do is simply stop by and visit with them to receive your door prize drawing ticket, complete the info and deposit it into the drawing box at the registration table. You must be present to win so plan on joining us beginning at 4 pm on Friday when the drawings begin. We will draw a ticket and announce a winner every 15 minutes during the social. You can collect tickets and place them in the drawing box during the social too!

NDDA GOLF SCRAMBLE

(OPEN TO ALL ATTENDEES)

The North Dakota Dental Association Golf Tournament will be held at **Prairie West Golf Course, 2709 Longspur Trail, Mandan, ND on Thursday, September 13th at 12:00 p.m.** Registration opens at 11 am with lunch being served up until tee time. Please plan on joining us for an afternoon of fun and golf!

NEW THIS YEAR!! Interested in amazing your friends with your golf skills on the course? We have invited Dixon Golf to join us this year to host 2 contests on the course! You can win some great prizes.... perhaps even a new driver, or a chance to win \$10,000!! Stay tuned for more info!

The cost is \$70.00 per person which includes lunch, green fees, cart fee, many great prizes and post golf social. Play will begin with a 12:00 pm shotgun start. Want to promote your company, sponsor a hole, or provide a donation to sponsor a prize give-away? Make a selection on your registration or contact the NDDA office at 701.223.8870 for more information.

FOR HOTEL RESERVATIONS:

Radisson Hotel

605 E. Broadway Ave • Bismarck, ND 58501
Phone: (701) 255-6000

***Note:** Ask for ND Dental Association group rates – **DENT18** - \$126 + tax (*Cut-off date for registration under NDDA room blocks is August 15, 2018)

ADDITIONAL HOTEL ROOMS:

Expressway Suites

180 E. Bismarck Expressway • Bismarck, ND 58504
Phone: (701) 222-3311 or (888) 774-5566.

***Note:** Ask for ND Dental Association group rates. \$104.95+tax (*Cut-off date for registration under NDDA room blocks is August 29, 2018)

Ramkota Hotel

800 South 3rd St • Bismarck, ND
Phone: (701) 258-7700

***Note:** Ask for ND Dental Association group rates. \$94 + tax (*Cut-off date for registration under NDDA room blocks is August 22, 2018)

IMPORTANT INFORMATION:

All badges, programs and materials will be at the Registration Desk. Dentists: your name badge is your ticket to the Membership Luncheon.

Notice: Name badges are required for admission to the NDDA Jack Pfister, DDS Lecture Series and Exhibit Hall.

Speaker handouts available online only. Please print and bring along, if needed.

Continuing Education Certificates will be available online only and can be downloaded from the www.smilenorthdakota.org website on Monday, September 18th, following the event.

ANNUAL SESSION SPEAKERS

Featuring:

Dr. Koerner is an Associate Professor of Oral Surgery at Roseman University in Utah. He has presented hundreds of didactic and participation courses to GPs over the last 20 years. He is the author of many articles, has authored or co-authored four books on surgery, and has made several surgery DVDs with Dr. Gordon Christensen. He is a general dentist trained in the Army with a current practice of only oral surgery. In 2010, he received the National AGD's Weclaw award for his contributions to dentistry and dental education. Dr. Koerner is past president of the Utah Dental Association.



**Karl Koerner,
DDS, MS**

Friday, September 14, 2018 **Oral Surgery for the General Dentist:** **Faster, Easier, and More Predictable** CE Hours: 6

Many extractions look easy but can soon become difficult, time consuming, and lead to problems. This course reviews the best techniques and instruments to remove "surgical" extractions easily and quickly while conserving bone. It makes exodontia more enjoyable and predictable so it can be performed with greater confidence and less stress. Dr. Koerner presents an algorithmic process that progresses "by the numbers" until the extraction is complete. If one thing doesn't work, try the next one. It covers multiple extractions with alveoplasty and preventing complications such as sinus misadventures, excessive bleeding, and preventing tuberosity fractures. Dr. Koerner will also review the removal of impacted third molars.

Course objectives - Participants will be able to:

1. More easily do "surgical" or difficult extractions that are frequently encountered in general practice.
2. Prevent and/or manage complications that can occur during or after dental extractions.
3. More easily recognize problem cases that may need referral.
4. Perform oral surgery more quickly and with less stress.
5. Become more familiar with correct principles of third molar surgery.



2018 NDDA Annual Session

Featuring:

Tieraone Low Dog, M.D.'s exploration of natural medicine and its role in modern healthcare began more than 35 years ago as she studied midwifery, herbal medicine; massage therapy and martial arts before earning her medical degree from the University of New Mexico School of Medicine.

An internationally recognized expert in the fields of integrative medicine, dietary supplements and women's health.

1. Dr. Low Dog serves as the Fellowship Director for the Academy of Integrative Health and Medicine - a two-year Fellowship training, Healthcare professional in Integrative Medicine and Health
2. Dr. Low Dog is a founding member of the American Board of Physician Specialties, American Board of Integrative Medicine and the Academy of Women's Health
3. Dr. Low Dog was appointed by President Bill Clinton to the White House Commission on Complementary and Alternative Medicine Policy (2000-2002)
4. She served as the elected Chair of the US Pharmacopeia Dietary Supplements and Botanicals Expert Information Panel (2000-2010)
5. She was appointed to the Scientific Advisory Council for the National Center for Complementary and Alternative Medicine (2010-2015)
6. She has been an invited speaker to more than 550 scientific/medical conferences, published 40 peer-reviewed articles, written 20 chapters for medical textbooks, and has authored four books, including two National Geographic books, "Healthy at Home", and "Life is Your Best Medicine".



Tieraone Low Dog, MD

For more information, see: www.DrLowDog.com/about.html

Saturday, September 15, 2018

Cancer Prevention in the 21st Century CE Hours: 6

The National Cancer Institute estimates that roughly one-third of all cancer deaths may be diet and/or lifestyle related. What you eat can hurt you, but it can also help you. Many of the common foods found in grocery stores or organic markets contain cancer-fighting properties, from the antioxidants that neutralize the damage caused by free radicals to the powerful phytochemicals that scientists are just beginning to explore. Could broccoli really help protect against breast cancer? Does eating fish reduce the risk of colorectal cancer? Is green tea really good for you? Can how you live and think influence cancer? Come and explore the role of nutrition and lifestyle in cancer – and how you can give yourself an edge.

Course objectives

1. Participants will be able to discuss the role of red and processed meats in the development of colorectal cancer.
2. Participants will be able to identify the role of fish and Omega-3 fatty acids in the prevention of colorectal cancer.
3. Participants will be able to identify key risk factors for gastrointestinal, prostate, breast, and lung cancers.
4. Participants will be able to describe the risks and benefits of the use of dietary supplements commonly recommended to reduce the risk of certain cancers.



Jack Pfister, DDS - Lecture Series

NEW OFFERING!

We would like to explore interest in alternate clinics to the main lecturer this year, and will be offering two *Mini-Clinic's on Saturday, September 15th*. These two clinics will not be CE eligible this year but will be interesting and educational. We look forward to hearing your feedback as we look for alternate ways to bring education to you!

Navigating the Complaint Process (Non-CE Offering)

Mr. Doug Bahr will explain the complaint process, starting with the initial patient/citizen complaint, covering the formal administrative hearing, and ending with the appeals process. He will also discuss some practical concerns or approaches when responding to a formal or informal complaint.

(8:30 a.m.-9:00 a.m.) Featuring:

Doug Bahr serves as Special Counsel at Crowley Fleck PLLP. He has over 26 years of civil litigation experience. Prior to joining Crowley Fleck PLLP, Mr. Bahr served as the North Dakota Solicitor General and the Director of the Civil Litigation Division of the North Dakota Office of Attorney General for over 16 years. Before that he was an assistant attorney general.

Mr. Bahr's broad current practice includes professional licensure matters. His practice at the Office of Attorney General included representing professional licensure boards. Over the years he acted as both general counsel and litigation counsel, representing boards in disciplinary hearings and before the state courts.



Douglas Bahr,
Special Counsel at
Crowley Fleck PLLP

The Who, What and Why of the North Dakota Board of Dental Examiners (Non-CE Offering)

Ms. Rita Sommers will provide an overview of the composition and work of the Board; review frequently asked questions regarding laws; continuing education requirements and audits; review the paperless license renewal process; cover complaint procedures (hints - how to avoid a Board encounter); provide an update on the Board's efforts in addressing barriers to care; and review regulatory developments and evidence based prevention strategies aimed at alcohol and drug addiction issues encountered by the Board.

(9:00 a.m.-9:30 a.m.) Featuring:

Rita Sommers, RDH, MBA, is the executive director of the North Dakota Board of Dental Examiners. Rita is a 1981 graduate of Carroll College in Helena, MT where she received her BA degree in dental hygiene launching a 37 year career in various aspects of the dental profession. Prior to becoming the executive director of the Board, she served as the hygiene member of the Board from 1996 to 2001. Rita has enjoyed traveling and meeting fellow professionals as a dental hygiene examiner for the Central Regional Dental Testing Agency, and has served as the President of the American Association of Dental Administrators.

Rita began a part time position with the Board in 2003 which soon escalated to full time. She is responsible for providing the day to day and overall operation of the Board, including the drafting of proposed amendments to laws and administrative rules governing the practice of dentistry. Rita is married to Dennis Sommers, DDS and resides in Minot, ND. They enjoy four adult children and three fabulous grandchildren.



Rita Sommers,
RDH, MBA,
Executive
Director of the
NDBODE

(9:30 A.M.-10:00 A.M.) WE WILL BRING BOTH PRESENTERS BACK TOGETHER FOR A QUESTION & ANSWER SESSION



Tara Feil,
PhD, Licensed
Psychologist

Leave the Drama at the Theater: The Art of Constructive Conflict and Healthy Communication in the Workplace (Non-CE Offering).

Dr. Tara Feil will focus on providing practical, constructive ways to improve communication and successfully manage conflict with colleagues, staff, and patients. Dr. Feil will walk participants through what psychological research has revealed about how to effectively build rapport and connection with others and successfully navigate challenging communication situations.

(10:30 a.m.-12:00 p.m.) Featuring:

Dr. Tara Feil is a clinical psychologist with Archway Mental Health Services at CHI St. Alexius Health in Bismarck, ND. She provides psychotherapy for individuals with a range of mental health concerns and enjoys speaking to community groups and organizations about science-based ways to increase well-being and maximize personal and professional success.

2018 NDDA Annual Session

Registration Form 2018 Annual Session North Dakota Dental Association • September 13-15, 2018 Radisson Hotel Bismarck and The Bismarck Event Center • Bismarck, North Dakota *(One person per form, photocopy as needed)*

Name _____
PLEASE PRINT LEGIBLY

Phone No. _____ Email _____

➔ **Want to save time with registration?** Online registration is available by visiting www.SmileNorthDakota.org and click on Meetings & Events / Annual Session. Questions? Call the Central Office at 701-223-8870.

Registration: (Payment Received By 8/31/18): Mailed registrations after this date incur a late fee of \$20. Registration fees are only refundable prior to September 1, 2018.

- Dentists (Members of NDDA)
(Includes Membership Luncheon, Exhibit Hall and all Jack Pfister, DDS Lecture Series)No Charge
- Retired NDDA Life Members and Dental Students
(Includes Membership Luncheon, Exhibit Hall and all Jack Pfister, DDS Lecture Series)No Charge
- Active Military Direct Member of the ADA Member
(Includes Membership Luncheon, Exhibit Hall and all Jack Pfister, DDS Lecture Series)No Charge
- ADA/CDA Member Dentists\$250.00
(Includes Membership Luncheon, Exhibit Hall and all Jack Pfister, DDS Lecture Series)
- Non-NDDA/ADA and Non-CDA Member Dentist Registration.....\$500.00
(Includes Exhibit Hall and all Jack Pfister, DDS Lecture Series)

HYGIENISTS AND ASSISTANTS-NOTE: if you wish to register with **your** respective association **DO NOT REGISTER** on this form. Each of the three associations have separate programs. If you are not sure where to register, please call the NDDA office at 701.223.8870. There will be no refunds due to incorrect registrations.

- _____ Hygienists, Assistants and Office Staff (NDDA Exhibits and Seminars only).....\$100.00
- _____ Late and On-Site Registration for Staff\$120.00

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- _____ **Golf Registration** \$70.00
- _____ **Golf Hole Sponsor** \$150.00
- _____ **Golf Prize Sponsor** \$50.00

To avoid the confusion of switching teams the day of the event, we ask that you include your golf partner with your registration, if desired. We encourage you to thank an Exhibitor and thank them for the sponsorship and/or enjoy a round of golf with them.

Name of Requested Golf Partner(s): _____

MEETING REGISTRATION.....**TOTAL = \$**_____

MAKE CHECK PAYABLE TO NDDA (IN U.S. FUNDS ONLY)

Send registration and payment by August 31, 2018 to:

North Dakota Dental Association
P.O. Box 1332,
Bismarck, ND 58502-1332

or register online at <http://www.smilenorthdakota.org/meetings-events/annual-session>.

Cut along line



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Bismarck, ND 58502-1332

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2018 NDDA



Annual Session



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