

Course Title: Basic Life Support (BLS) CPR

Course Description: The AHA's BLS course trains participants to promptly recognize several life-threatening emergencies, give high-quality chest compressions, deliver appropriate ventilations and provide early use of an AED.

Course Outcomes:

- High-quality CPR for adults, children, and infants
- The AHA Chain of Survival, specifically the BLS components
- Important early use of an AED
- Effective ventilations using a barrier device
- Importance of teams in multi rescuer resuscitation and performance as an effective team member during multi rescuer CPR
- Relief of foreign-body airway obstruction (choking) for adults and infants

Presenters: Lindsey Ahlschlager and Angie Hintz